

## IMMUNO-SYNBIOTIC

(Information & Instructions  
for NUTRI-SPEC Practitioners)

- A. All patients need an IMMUNO-SYNBIOTIC product to restore and maintain ideal gut mucosal structure and function, and to reduce ImmunoNeuroEndocrine (INE) stress. Choose each patient's ideal IMMUNO-SYNBIOTIC using the criteria on the back of this page.
1. Take on an empty stomach.
  2. Take 2, twice daily before meals, with a full glass of water.
  3. Go through at least one bottle of IMMUNO-SYNBIOTIC 2, twice daily, then 1, twice daily for one bottle, then at least 1 daily over a stronger, longer lifetime.
- B. Many patients need to go through more than one bottle of IMMUNO-SYNBIOTIC at 4 daily, and those with severe ImmunoNeuroEndocrine stress or advanced pathology will need at least that much IMMUNO-SYNBIOTIC for life. --- It is by far the supplement they need most:
- patients with Eosinophilic Fungal Rhinosinusitis (as indicated by a non-sneezy boogey head)
  - patients who have demonstrated a dualistic INE stress response as a vacillator-oscillator via NUTRI-SPEC Metabolic Balance Testing
  - patients who show extreme INE stress in having one or more auto-immune diseases (Type I diabetes, Rheumatoid Arthritis, Lupus, Hashimoto's or Grave's Thyroiditis, alopecia, Reflex Sympathetic Dystrophy, Sjogren's, etc.)
  - patients who have immune-related neurodegenerative diseases (Parkinson's, Multiple Sclerosis, ALS, Alzheimer's)
  - patients who have chronic yeast/fungal infections (vaginal or oral Candida, athlete's foot or jock itch, ringworm, tinea versicolor, eczema/seborrheic dermatitis)
- C. Some patients, even those who seem reasonably healthy, cannot take the full IMMUNO-SYNBIOTIC recommendation of 2, twice daily at first. The reason is that their intestinal flora is so deranged that their GI tract becomes a battlefield between the good guys and the bad guys. There can be a tremendous amount of gas pressure, bloating, sometimes diarrhea, and sometimes cramping. If the die-off of bad critters causes symptoms that are too uncomfortable, the patient should stop entirely for 1 day, then resume at 1, once daily, and then increase to 1, twice daily, and then finally 2, twice daily as symptoms permit.
- D. Children need IMMUNO-SYNBIOTIC just as much as adults do. Except for children who are either immune deficient or suffering from autoimmune disease, 1 bottle of IMMUNO-SYNBIOTIC every year is generally all the typical child needs. For children age 10+, the adult dose is appropriate. For younger children, reduce the dose proportionately --- either 1, twice daily, or 1, once daily. --- For infants, the selected IMMUNO-SYNBIOTIC can be mixed into milk or baby food.

Just as with adults, if uncomfortable symptoms are produced, stop for a day and then come back on at a lower dose.

**CRITERIA FOR SELECTING THE SPECIFIC IMMUNO-SYMBIOTIC  
EACH PATIENT NEEDS**

Go down the following list in order, choosing the first criterion that applies.

[SPECIAL NOTE: If your patient shows a need for either I-S X-FLAM or I-S IMMUNE POWER but also has recently or repeatedly used antibiotics, then give the indicated I-S (2, once daily before breakfast), plus I-S IMMUNE RESTORE (2, once daily before another meal). After 1 bottle of I-S IMMUNE RESTORE, stop it, and the indicated I-S will be taken 2, twice daily.]

**INDICATION**

**SPECIFIC I-S NEEDED**

Cancer	I-S IMMUNE POWER
Rheumatoid Arthritis, Crohn's, Type 1 Diabetes, MS, Ulcerative Colitis, RSD, Scleroderma, Psoriasis	I-S X-FLAM
Allergies; Asthma	I-S IMMUNE POWER
Alzheimer's	I-S IMMUNE POWER
Yeast Infections, Fungal Infections, Eosinophilic Fungal (EosF) Rhinosinusitis, Eos Bronchitis, Eos Esophagitis, Eos Gastroenteritis, Sinus Infections	I-S IMMUNE POWER
Frequent Colds; Viral Infections	I-S IMMUNE POWER
Eczema; atopic Dermatitis	I-S IMMUNE POWER
Coronary Artery Disease	I-S X-FLAM
Irritable Bowel Syndrome	I-S IMMUNE RESTORE
Dermographics Leg Red, or Arm R3+	I-S IMMUNE POWER
Dermographics Arm White	I-S X-FLAM
Anaerobic or Parasympathetic	I-S IMMUNE POWER
Dysaerobic, Sympathetic, or Glucogenic	I-S X-FLAM
Ketogenic; Type 2 Diabetes	I-S IMMUNE RESTORE
Antibiotic use	I-S IMMUNE RESTORE
Metabolic Syndrome: Abdominal Weight Gain, High Cholesterol or Triglycerides	I-S IMMUNE RESTORE
Pregnancy, Infant, Child	I-S IMMUNE RESTORE
Low Body Temperature	I-S IMMUNE POWER
Osteoporosis	I-S IMMUNE RESTORE
None of the above	I-S IMMUNE RESTORE