

ADAPTO-MAX (DI-PHASIC A.M.)

The way your **DIPHASIC NUTRITION PLAN** works is simply by giving a tremendous boost to your anti-anabolic defenses, then an equally powerful boost to your anti-catabolic defenses. It times each booster so as to facilitate a healthy diphasic diurnal day-night metabolic cycle.

The nutrients in **ADAPTO-MAX** are designed to maximize defense against the Anabolic component of INFLAM-AGING. Supplementation in the morning will coincide with the anti-anabolic phase of a healthy (youthful) cycling metabolism.*

ADAPTO-MAX provides a broad array of **ADAPTOGENS** --- dietary supplements proved by research scientists to boost health --- with your goal to ---

LIVE STRONGER LONGER.

These ADAPTOGENS empower the immune system, the nervous system, and the hormone system --- bolstering Vital Reserves --- the energy of life.

You need these ADAPTOGENS:*

- **Carnosine**, a powerful antioxidant hydroxyl scavenger, that protects against oxidative free radical damage from peroxidation, and against toxic carbonyl groups associated with aging.
- **Carnitine**, that facilitates fat burning metabolism, and enhances metabolism of cholesterol and triglycerides.
- **Betaine**, a liver de-toxicant, that increases SAM in the liver, and decreases homocysteine in the blood.

- **Chondroitin sulfate**, an antioxidant protecting against oxidative free radical damage; achieving full protective sulfation of tissue membranes; supplying nutrients for joint strengthening and lubrication.
- **Acetyl L-carnitine**, the most effective form of the antioxidant L-carnitine in feeding the nutrition requirements of the vascular system and nervous system.
- **Alpha Lipoic Acid**, a powerful antioxidant in both fat- and water-soluble media, and active both intra and extra cellularly.
- **Coenzyme Q-10**, more than a powerful antioxidant, it is essential to mitochondrial electron transport for cellular energy production.

*These statements come from literature provided by the National Institute of Health, but have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts	
Serving Size: 3 Capsules	
Servings per Container: 30	
Amount per Serving	
L-Carnosine	150 mg*
L-Carnitine (as L-carnitine-L-tartrate)	150 mg*
Chondroitin sulfate (90%)	300 mg*
Betaine (anhydrous)	250 mg*
Acetyl L-carnitine (HCl)	550 mg*
Alpha lipoic acid	400 mg*
Coenzyme Q-10	20 mg*
* Daily value not established.	
Other Ingredients: gelatin, silica, magnesium stearate, calcium sulfate and maltodextrin.	
This product contains no salt, artificial flavors or color, wheat, or milk derivatives.	
This product is provided as a dietary supplement for distribution only by licensed health care practitioners by Nutri-Spec, 89 Swamp Road, Millintown, PA 17058.	