

**SODIUM CITRATE (2 ounces)  
POTASSIUM CITRATE (2 ounces)**

The Nutri-Spec model of LIVE STRONGER LONGER is largely based on maintaining balance in Five Metabolic Control Systems.\*

**Sodium & Potassium Citrate** have a specific normalizing effect on an **Acid/Alkaline Metabolic Imbalance** when such is determined by your **NUTRI-SPEC** procedures.

The multivalent **Citrate** ion also acts as a dispersing agent, thus helping to maintain the colloidal properties of the body fluids.

\*These statements come from literature provided by the National Institute of Health , but have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

**SODIUM CITRATE**

Each 1/8 teaspoon supplies  
134 mg. of sodium. (Not for use in sodium restricted diets.)

**POTASSIUM CITRATE**

Each 1/8 teaspoon supplies  
226 mg. of potassium.