

# NUTRI-SPEC



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## THE NUTRI-SPEC LETTER

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From:

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Dear Doctor,

Here is a story about a doctor who just didn't "get it" the way you do. ---  
The NUTRI-SPEC staff received this phone call ...

**"Hello, this is Dr. Joe Smith. I bought your Starter Package a couple weeks ago, and as I look through An Analytical System of Clinical Nutrition I am amazed at the amount of information --- information I can never get anywhere else. After reading through the manual, I knew I needed Complex P for the terrible allergies I have suffered my whole life. ----- But after a few days, I began to feel "wired". After a few more days I started having more trouble sleeping, and my heart was racing off and on. Now, I have a dry mouth most of the time, and I could hardly sleep at all last night. My question is, could these symptoms be side effects of taking the Complex P?"**

Since you do "get it" --- you could answer that doctor's question just as well as the NUTRI-SPEC staff did. Think about it for a second --- how would you answer that doctor's question? --- You would say something like this ...

**"Are those symptoms "side effects" of Complex P? No --- they are the direct effects of Complex P, the intended effects of Complex P. What you are experiencing --- the racing heart, the dry mouth, the "wired" feeling and the insomnia, are all signs that your body is ...**

**SCREAMING WITH SYMPATHETIC STRESS.**

**“Your Complex P has done exactly what it is designed to do --- it has pushed your body chemistry from the Parasympathetic side of the Sympathetic/Parasympathetic Balance System to the Sympathetic side.**

**“Your symptoms prove two Key Concepts of NUTRI-SPEC ...**

**- First, NUTRI-SPEC supplements have amazing power to move body chemistry. Synergistic combinations of nutrients that specifically target a Metabolic Control System will immediately begin to correct any Metabolic Imbalances in those control systems. There is no way you can get such incredible power to change metabolism from any random assortment of supplements given in a desperate attempt to treat symptoms. ----- And that brings me to the other NUTRI-SPEC Key Concept you just proved to yourself ...**

**- Second, you just slapped yourself in the face with the most fundamental of NUTRI-SPEC Key Concepts --- that of Biological Individuality. That means that two people, even with identical symptoms (in your case allergy symptoms), are likely to need entirely different supplement recommendations. Why? Because their symptoms are the result of two entirely different Metabolic Imbalances. Attempting to treat symptoms with nutrition remedies is a loser --- frustrating to both the doctor and the patient. In fact, the consequence can be disastrous --- as you just proved to yourself.**

**“Apparently as you skimmed through your NUTRI-SPEC materials you picked up on the truth that allergic symptoms are very common in those who have a Parasympathetic Imbalance. But not all individuals with a Parasympathetic Imbalance suffer allergies, and certainly --- not everyone with allergies has a Parasympathetic Imbalance. Allergies can be associated as well with many other Imbalances --- including Anaerobic, Alkalosis, Prostaglandin, Dysaerobic, and even Sympathetic Imbalance. Obviously, you are someone whose lifelong allergy suffering is due to something other than a Parasympathetic Imbalance. If you were truly Parasympathetic you would not have shown extreme Sympathetic symptoms beginning a few days after taking Complex P. ----- The only way to get to the root cause of your allergies is with some objective testing system --- with NUTRI-SPEC.**

**“You can take a couple of approaches to achieve that end. You can do the complete NUTRI-SPEC Metabolic Testing, which will allow you to restore Metabolic Balance (which usually takes about 3-10 weeks). Another option is to set yourself up with the Diphasic Nutrition Plan that you will follow the rest of your life --- to begin recharging your Vital Reserves. But then immediately after doing the BALANCING PROCEDURE to get you fully into your DNP, spend just a couple of minutes doing the**

**Sympathetic/Parasympathetic Support System testing to more directly confront your chronic allergies.**

If what you just read is the reply you would have given to that confused doctor then you really do “get it”. To reward yourself for your complete grasp of NUTRI-SPEC Key Concepts, call us with your next order --- and simply say, **“As per the offer made in the March NUTRI-SPEC Letter, I’d like to claim my two free bottles of supplements. I would like \_\_\_\_\_.”**

If what you read is truly the reply you would have given to that struggling NUTRI-SPEC neophyte, you gave exactly the answer he was given by the NUTRI-SPEC staff --- EXCEPT --- NUTRI-SPEC did not offer that doctor the option of doing the quick Sympathetic/Parasympathetic Support System as a means to discover the most powerful boost he needed to get over his allergic symptoms. You see, that doctor asked that question years ago, before the Sympathetic/Parasympathetic Support System was available. But it is available to you. --- And ...

**THERE IS NO WAY TO MORE QUICKLY EMPOWER YOUR PATIENTS ...**

than to set them up with their DNP (with the BALANCING PROCEDURE) --- then adding the Sympathetic/Parasympathetic Support System as a power boost. Addressing the needs of your patients with a DNP ...

**SUPERCHARGED ...**

by the S/P Support System eliminates all the potential frustrations that can come from attempting complete NUTRI-SPEC Metabolic Balancing ...

- You will not be frustrated by the patient’s drugs making it impossible to interpret your tests.
- You will already have the patient set up with the life-long **“Live Stronger Longer”** DNP you transition to anyway after 3-10 weeks of Metabolic Balancing. --- That DNP foundation will be put in place right from the start.

One problem inherent in NUTRI-SPEC analysis (whether complete Metabolic Imbalance analysis, Tissue Acid/Alkaline Imbalance analysis, or Sympathetic/Parasympathetic Support System analysis) has been that the analyses are too comprehensive. Reading that, you immediately ask yourself, “How can an analysis be too comprehensive --- don’t I want to be as comprehensive as I can possibly be?” --- Yes, you are gifted with an incredibly comprehensive set of analytical tools --- but --- in the interest of being totally comprehensive, we sometimes find the system too sensitive. Your analyses pick up every little wiggle in your patient’s body chemistry ...

--- To illustrate --- suppose within 12 hours before NUTRI-SPEC testing, your patient ingested tuna salad --- a most abominable concoction (--- consisting of canned tuna and mayonnaise). Of course the HOHUM PUFAs in the mayonnaise push your patient Dysaerobic. But an even greater assault on the body chemistry comes from the canned tuna --- with its excessive heat processing that denatures the proteins, and worst of all, takes the already Catabolic HOHUM PUFAs and breaks them into free fatty acids. There probably isn't too much greater a Catabolic/Dysaerobic push a patient can suffer than from eating tuna salad.

So --- you test your patient after the tuna salad meal, and if that patient was Dysaerobic already, he tests off the charts Dysaerobic. If he was neither Anaerobic nor Dysaerobic to start with, he now appears Dysaerobic ( --- a false positive). And, if he was Anaerobic to start with, the extreme Catabolic/Dysaerobic push will hide his Anaerobic tendency so that your analysis might miss his Anaerobic Imbalance.

But starting this minute your NUTRI-SPEC Metabolic Therapy gives you ...

**THE POWER TO BE  
EVEN MORE SPECIFIC ...**

in analyzing what every patient needs; to be just as comprehensive as ever in determining each patient's Metabolic Imbalances; to be invincible in the face of drugs (and even tuna salad) --- and to wield this power with a testing system incredibly quick and simple. --- From this minute on, your patients' body chemistries can ...

**WIGGLE AS THEY WILL ...**

yet you will maintain your finger on the pulse of their Fundamental Metabolic Balance Systems.

**THIS IS BIG** ----→ As of today, you have an entirely NEW, MORE COMPREHENSIVE ...

**SYMPATHETIC/PARASYMPATHETIC SUPPORT SYSTEM ANALYSIS**

This S/PSS testing system is so powerful it totally replaces our old Barrier Busters Analysis and Doing FINE protocol. (--- Those were our best efforts until now in helping you deal with difficult patients whose symptoms persisted despite having vastly improved Metabolic Balance and increased Vital Reserves.) Your S/PSS gives you all that and much, much, much more ...

The scope of your expanded analysis of Sympathetic/Parasympathetic Balance is extremely broad --- giving you a window through which to view your other NUTRI-SPEC Metabolic Imbalances. You see,

- there is an Anaerobic/Dysaerobic component to Sympathetic/Parasympathetic reactivity ...
- there is a Glucogenic/Ketogenic component to Sympathetic/Parasympathetic stress responses ...
- there is an Acid/Alkaline involvement with Sympathetic/Parasympathetic over- or under-reactivity ...
- there are Imbalances in Electrolyte movement causing and caused by Sympathetic/Parasympathetic Imbalance, and ...
- the clinically ubiquitous Prostaglandin-Nitric Oxide Imbalance rears its ugly head repeatedly as a stressor on Sympathetic/Parasympathetic Balance.

Also --- the web of ImmunoNeuroEndocrine Stress, with all its positive and negative feedback loops, clobbers your patients with a two-way flow of devastation. In other words, Sympathetic or Parasympathetic over- or under-reactivity is not only a component of other Metabolic Imbalances, it is a fundamental cause of Anaerobic/Dysaerobic, Electrolyte Stress/Insufficiency, Glucogenic/Ketogenic, Acid/Alkaline and Prostaglandin-Nitric Oxide Imbalances.

--- So now --- with your S/PSS, you have an effective means to ...

### **EVALUATE AND CORRECT ALL 6 NUTRI-SPEC FUNDAMENTAL IMBALANCES.**

--- Truly this is an amazingly powerful clinical tool --- yet is unbelievably easy and quick to administer. It opens a window giving a clear view of all the Sea Monsters lurking beneath the surface --- the ImmunoNeuroEndocrine stressors that remain a mystery to all other doctors.

If you want to help more and more patients escape the clutches of ImmunoNeuroEndocrine stress ----- If you desire the riches of a truly satisfying practice that empowers countless patients of all ages and all states of health --- with a unique Metabolic Therapy that your patients cannot find anywhere else ----- If you want to save your patients from throwing money away on cinnamon and Resveratrol and all the other Health Food Industry mythology ----- then here is what you must do immediately ...

Go to your NUTRI-SPEC website and click on Resources. Scroll down to the bottom left hand column of the Resources page, and you will find your entire

Sympathetic/Parasympathetic Support System offering --- the test instructions, the test Form, the analysis instructions, and the analysis Table. Yes, do that immediately, and have your staff check it out as well. You will be amazed --- you will say to yourself, “That’s it? That’s all I have to do to help my patients rise above all 6 Metabolic Imbalances? To conquer the Monsters of ImmunoNeuroEndocrine Stress? To rise above the devastation of INFLAM-AGING?” --- Yes, it is really that simple and really that quick. So get on it --- Get yourself and your staff in the game.

This Sympathetic/Parasympathetic Support System is just what you have been looking for. For over 30 years, recognizing the power of our supplements we have searched for ever better ways to get their power into your hands --- ever simpler, faster ways to meet your patient’s specific needs. In the 3 decades we have been putting out this Letter we have had ...

### **HUNDREDS OF DOCTORS LIKE YOU ...**

doctors who “get it”, tell us, “NUTRI-SPEC is everything I want to give my patients in the way of Metabolic Therapy --- but --- I and my staff just can’t consistently squeeze it into our patient flow. --- Is there any way we can offer the core of NUTRI-SPEC without such an extensive set of tests? I have so many patients I know will have the breakthrough they need if I can support them with NUTRI-SPEC.”

Now you have it. --- Whether you are a doctor working exclusively with the Diphasic Nutrition Plan (which in itself is a powerful means to assure your patients live stronger longer), or, have had to limit your NUTRI-SPEC Metabolic Balancing to just a few select patients, or, have put NUTRI-SPEC on hold entirely, this quickie test procedure gives you the power to specifically correct INE stress in a large volume of patients.

For a little more impetus to get you in the game here is an additional bonus: To show you just how simple the S/PSS approach to Metabolic Therapy is, take a shot at answering this question: **What is the one single clinical parameter that most clearly and totally identifies Sympathetic/Parasympathetic reactivity?** (Hint: it is one of the 5 tests you see on your S/PSS Test Results Form.) ----- With your next order, in addition to claiming your two bottles of free supplements that you earn because you “get it” as regards NUTRI-SPEC principles, with an order of \$400 or more you can claim an additional **2 FREE BOTTLES** of supplements just for taking your best guess at this primary indicator of S/PSS reactivity, or an additional **4 FREE BOTTLES** if you guess correctly.

Get in the game. Make it fun. Call us for anything you need to jump start your motor.