

SSRI Drugs and NSAIDs
=== A Deadly Combination

A disturbingly common combination of drugs is an SSRI plus a Non-Steroidal Anti-Inflammatory Drug (NSAID). How many of the millions of people, already at risk for countless side effects because they have been prescribed an SSRI, are warned that if they take a common NSAID (such as Advil, Aspirin, or Aleve) are dramatically increasing their chances of both brain bleeding and GI bleeding?

The risk of brain hemorrhage increases by 60% in a patient on an SSRI who regularly takes NSAIDs. That puts the overall risk at 1 in every 200 patients who take an NSAID while on an SSRI suffer a (potentially life threatening or life ending) brain hemorrhage.

Combining an SSRI with an NSAID also increases the incidence of gut bleeding. That side effect is so common that many physicians who routinely peddle SSRIs also prescribe Proton Pump Inhibitors at the same time. --- Can you imagine? Now that patient has all the alarming side effects of a PPI added to the frightening effects of an SSRI, not to mention the side effects of the NSAID.

No one on an SSRI should take Advil, Aspirin, or Aleve --- more than a single dose in any 2 day period.