

## DI-PHASIC A.M. (ADAPTO- MAX)

The way your **Diphasic Nutrition Plan** works is simply by giving your patients a tremendous boost to their anti-anabolic defenses, and an equally powerful boost to their anti-catabolic defenses, and timing each booster so as to facilitate the normal diphasic diurnal cycle.

The nutrients in **Diphasic AM**. Are designed to maximize the defense against pathological hyperplasia. Supplementation in the morning will coincide with the anti-anabolic phase of a normal healthy (youthful) cycling metabolism.

Examples of pathological hyperplasia include:

- tumors
- hypertrophic boney exostoses
- fibrotic deposits in soft tissues
- osteo arthritis
- sclerosis of the vascular system

Consider these ingredients:

- **Carnisine**, a powerful anti-oxidant hydroxyl scavenger, which protects against oxidative free radical damage from peroxidation, and against toxic carbonyl groups associated with aging.
- **Carnitine**, which facilitates fat burning metabolism, and lowers cholesterol and triglycerides.
- **Betaine**, a liver de-toxicant, which increases SAM in the liver, and decreases homocysteine in the blood.

Consider these ingredients:

- **Chondroitin sulfate**, an anti-oxidant protecting against oxidative free radical damage, while supplying raw materials for joint strengthening and lubrication.
- **Acetyl L-carnitine**, the most neuro-protective , cardiovascular protective, and free radical-protective form of the anti-oxidant L-carnitine.
- **Alpha Lipoic Acid**, a powerful antioxidant in both fat and water soluble media, and active both intra and extra cellularly.
- **Coenzyme Q-10**, more than a powerful antioxidant, it is essential to mitochondrial electron transport for cellular energy production.

### THREE CAPSULES SUPPLY:

L-Carnosine	150 mg
L-Carnitine (as L-carnatine -L-tartrate)	150 mg
Chondroitin sulfate (90%)	300 mg
Betaine (anhydrous)	250 mg
Acetyl L- carnitine (HCl)	550 mg
Alpha lipoic acid	400 mg
Coenzyme Q-10	20 mg

Other ingredients: Gelatin, Olive Oil, Glycerin, Purified Water, Sunflower Lecithin, Yellow Beeswax, Carob, Titanium Dioxide.

