

## ACTIVATOR

The essence of the philosophy behind the **ACTIVATOR** formulation relates to providing . . .

### OPTIMUM BIO-EFFICIENCY.

How? With a full complement of vitamins, minerals and trace minerals – in their most bio-available and bioactive forms. A host of other vital nutrients are also included as aids in defense against noxious environmental influences.

All these essential ingredients are found in proportions that will not alter the **Five Fundamental Metabolic Balances**.

Furthermore, the disintegration curve of **ACTIVATOR** (and all **NUTRI-SPEC** products) is such that the nutrients are fully dissolved when they reach their site of intestinal absorption.

Special ingredients not commonly found in ordinary multiples:

- **Glutathione & L-Histidine**, two of the most powerful free-radical scavengers known.
- **L-Carnitine**, essential in promoting normal oxidative energy production and fatty-acid metabolism.
- **Coenzyme Q-10**, for energy production, free-radical quenching & myocardial strengthening.
- **Vitamins B1, B2 & B6** in their biologically active coenzyme form.
- A blend of the amino acids that are destroyed by cooking food.

- **Ascorbyl Palmitate**, a fat-soluble form of vitamin C for maximum bioactivity.
- **Chromium Nicotinate**, for its beneficial effects on sugar levels & muscle metabolism.
- **Calcium Orotate**, for increased GI absorption, increased bone density, & immune function enhancement.
- **Mineral Aspartates**, for increased GI absorption & cellular assimilation & utilization; improved cell membrane integrity; immune function enhancement; better bone density, & increased muscle & myocardial stamina.

#### FOUR TABLETS SUPPLY:

Vitamin A (as retinyl palmitate and 75% as beta-carotene)	1200 mcg
Vitamin C (as ascorbic acid and 13% as ascorbyl palmitate)	200 mg
Vitamin D (as cholecalciferol)	20 mcg
Vitamin E (as d-alpha-tocopheryl succinate)	30 mg
Thiamin (as thiamin mononitrate)	1.5 mg
Riboflavin (as riboflavin-5-phosphate)	2 mg
Niacin (as niacinamide and 20% as niacin**)	25 mg
Vitamin B6 (as pyridoxal-5-phosphate)	2 mg
Folate ***	1,000 mcg
Vitamin B12 (as cyanocobalamin)	10 mcg
Biotin	50 mcg
Pantothenic acid (as D-calcium pantothenate)	15 mg
Choline (as choline bitartrate)	50 mg
Calcium (49% from calcium glycerophosphate, 41% as calcium Microcrystalline hydroxapatite, and 10% from calcium orotate)	200 mg
Phosphorus (68% from calcium glycerophosphate, 32% as Microcrystalline hydroxyapatite)	120 mg
Iodine [from kelp (Ascophyllum nodosum)]	150 mcg
Magnesium (41% as magnesium biglycinate, 30% as magnesium malate, 17% as magnesium gluconate)	250 mg
Zinc (as zinc monomethionine)	20 mg
Selenium (as selenomethionine)	100 mcg
Copper (as copper aspartate)	2 mg
Manganese (as manganese aspartate)	3 mg
Chromium (as chromium polynicotinate)	80 mcg
Molybdenum (as sodium molybdate)	100 mcg
Sodium	20 mg
Potassium (as potassium orotate))	20 mg
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L-Lysine HCl	100 mg
<a href="#">Taurine</a>	100 mg
<a href="#">Hesperidin</a>	100 mg
<a href="#">Rutin</a>	100 mg
L-Phenylalanine	50 mg
L-Threonine	50 mg
Inositol	50 mg
Benfotiamine	40 mg
<a href="#">L-Carnitine</a> (as L-carnitine tartrate)	25 mg
L-Histidine (as L-histidine HCl)	20 mg
Pantethine	15 mg
<a href="#">Coenzyme Q-10</a>	5 mcg
Boron (as calcium borogluconate)	3 mg
Lithium orotate	2 mg
* Daily value not established	

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, dextrose, silica, magnesium stearate and pharmaceutical glaze.

\*\* CAUTION: Transient flushing and feeling of warmth might be associated with the ingestion of niacin-containing products.

\*\*\*The safe upper limit of daily intake is 1,000 mcg of folate.