

## DI-PHASIC P.M. (OXY - MAX)

The way your **Diphasic Nutrition Plan** works is simply by giving your patients a tremendous boost to their anti-anabolic defenses, and an equally powerful boost to their anti-catabolic defenses, and timing each booster so as to facilitate the normal diphasic diurnal cycle.

The nutrients in **Diphasic P.M.** constitute a powerful defense against pathological disintegration. Giving these nutrients in the evening will coincide with what should be your patients' own natural surge of defense against catabolic and oxidative stress.

Examples of catabolic pathological disintegration include:

- muscular atrophy
- osteoporosis
- rheumatoid arthritis
- widespread oxidative free radical damage (lipid peroxidation of fatty acids and (glycation of sugars, which is expressed as:
  - oxidative damage to blood vessel walls (which is a precursor to the anabolic hyperplasia of arterial sclerosis)
  - oxidative damage to the genetic material intracellularly (which decreases regenerative capacity and, predisposes to mutation)
  - oxidative damage to the mitochondria of cells (decreasing energetic capacity)
  - oxidative damage to brain cells (leading to senile dementia)
  - oxidative damage to connective tissue throughout the body (a precursor to the anabolic response of cross-linking of connective tissue)

Consider these ingredients:

- Tocotrienols (from palm), featuring, delta-tocotrienol, with the highest antioxidant activity and free radical scavenging capacity of the tocotrienol isomers.
- Mixed Tocopherols, with the highest available concentration of gamma-tocopherol, a far more potent antioxidant than ordinary Vitamin E.
- Alpha Lipoic Acid, a powerful antioxidant in both fat and water soluble media, and active both intra and extra cellularly.
- Coenzyme Q-10, more than a powerful antioxidant, it is essential to mitochondrial electron transport for cellular energy production.

### THREE CAPSULES SUPPLY:

Vitamin E (d-alpha tocopherol)	80 IU
<u>Mixed Tocopherols</u>	220 mg
gamma tocopherol	119 mg
delta tocopherol	36 mg
beta tocopherol	3 mg
<u>Tocotrienols (Tocomin™)</u>	150 mg
gamma tocotrienol	65 mg
alpha tocotrienol	45 mg
delta tocotrienol	20 mg
beta tocotrienol	7 mg
<u>Alpha lipoic acid</u>	150 mg
<u>Coenzyme Q-10</u>	50 mg

Other ingredients: Gelatin, Olive Oil, Glycerin, Purified Water, Sunflower Lecithin, Yellow Beeswax, Carob, Titanium Dioxide.

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