

NUTRI-SPEC



THROUGH
SPECIFIC NUTRITION

89 Swamp Road
Mifflintown, PA 17059

800-736-4320

717-436-8988

Fax: 717-436-8551

nutrispec@embarqmail.com

www.nutri-spec.net

THE NUTRI-SPEC LETTER

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From:

Guy R. Schenker, D.C.

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Dear Doctor,

A **JELLY BELLY** is the first sign. ----- The first sign of what? --- You can answer that question without hesitation. Insulin resistance. That you or your patient has taken the perilous step from insulin reactor to dysinsulinism to insulin resistance --- a step down the path fraught with such dangers as

- high triglycerides
- high cholesterol
- high blood pressure
- obesity
- fatty liver
- diabetes
- cardiovascular disease
- and an increased risk of cancer

--- is first signaled by that squishy little pinch of fat that hangs over the beltline.

No one understands better than you do the TUBBY TUMMY. These are your insulin reactors that we have discussed endlessly. The reason we discuss them continually is because being an insulin reactor, with all its associated pathologies, is ---

WHAT BRINGS THE VAST MAJORITY OF YOUR PATIENTS INTO YOUR OFFICE.

(Read that again!)

We are not just referring to the patients that come to you with the high triglycerides and cholesterol, and the high blood pressure, and the Type II diabetes --- all the manifestations of Metabolic Syndrome. --- We also include all your patients that come to you with

- chronic fatigue
- depression
- and above all --- pain.

Remember, obesity is an inflammatory disease, and occurs concomitantly with systemic inflammation. It manifests as

- Fibromyalgia
- Degenerative Joint Disease (“arthritis”)
- as well as recurring Headache

When your patient has a TUBBY TUMMY --- an increased waist to hip ratio --- you know the patient’s pain is at least partly caused by being an insulin reactor.

Every overweight patient is displaying multiple positive feedback loops (vicious cycles). Chronic low-grade inflammation causes weight gain --- and weight gain causes an increase in inflammation --- and increased inflammation causes more weight gain.

----- Metabolic Imbalances cause inflammation, and inflammation causes and exacerbates Metabolic Imbalances, which then increase inflammation ----- which then causes weight gain, which causes more inflammation, which further exacerbates Metabolic Imbalances --- and round and round and round your patient goes. Only with NUTRI-SPEC can you intervene in those vicious cycles.

You need to break the vicious cycles of what we will begin calling

“RAGING INFLAM-AGING”.

Another way to say this: When you look at weight gain you are looking at the expression of certain genetic tendencies that are only fully manifest because of environmental stressors. --- And, the environmental stressors that are ubiquitous are a rotten diet and a putrid microbiota.

Even when you specifically address the microbiota with Immuno-Synbiotic, you will get permanent improvement in your patients only when you have restored a healthy Immuno-Neuro-Endocrine system.

You have the unique capacity to control RAGING INFLAM-AGING with Adapto-Max, Oxy-Max, Taurine, plus your BALANCING PROCEDURE (= Oxy Tonic &/or Electro Tonic &/or Oxygenic D-Plus).

THE TUBBIER THE TUMMY ---

the more critical is the RAGING INFLAM-AGING. ----- Break the vicious cycle!!!

----- That Tubby Tummy means it is essential to begin that patient's triumphant NUTRI-SPEC experience with your

BALANCING PROCEDURE.

Here is a concept you must grasp.

Here is the essence of health vs. dis-ease.

Here is the key to understanding ImmunoNeuroEndocrine Stress.

Here is the "secret" to RAGING INFLAM-AGING

Ask yourself --- "What percentage of my patients have an Anaerobic/Dysaerobic Imbalance?"

And also ask yourself, "What percentage of my patients have a Sympathetic/Parasympathetic Imbalance?"

The answer to both those questions is

THEY ALL DO!

All your patients have Dysaerobic-catabolic-oxidative damage breaking down their bodies. --- And the sicker they are and the older they are the more devastation they suffer from the INE stress of that Dysaerobic assault.

All your patients have Anaerobic-anabolic-reductive stress devastating their myocardium, their liver, their kidneys and their brains. --- And the sicker they are and the older they are the more impaired they are from these sources of INE stress.

Some of your patients will have a clinical picture so totally devastated by one side of the Anaerobic/Dysaerobic Balance system that they will test (either on your complete NUTRI-SPEC Testing, or your Sympathetic/Parasympathetic Support System Analysis, or your Tissue Acid/Alkaline Balancing Protocol) as an Anaerobic Imbalance or a Dysaerobic Imbalance. But even those who test off the charts Dysaerobic also have Anaerobic-anabolic-reductive pathologies active in their bodies --- just as those who test Anaerobic also have Dysaerobic-catabolic-oxidative damage throughout their bodies.

Similarly --- ALL your patients suffer from some degree of Sympathetic Stress/Parasympathetic Failure, and ALL your patients suffer from some degree of Parasympathetic Stress/Sympathetic Failure. The sicker and older they are

the more they are devastated by these Imbalances in the autonomic nervous system.

So, thinking in terms of your NUTRI-SPEC paradigm

DO YOU SEE THE ABSOLUTE BEAUTY

of your BALANCING PROCEDURE, and of your Sympathetic/Parasympathetic Support System Analysis, and of your Tissue Acid/Alkaline Balancing? Each of these clinical approaches (especially when combined with each patient's individualized Diphasic Nutrition Plan) will show you

IN PROPER PROPORTION ---

every patient's supplement needs as regards both Anaerobic/Dysaerobic Imbalance and Sympathetic/Parasympathetic Imbalance --- not to mention Acid/Alkaline Imbalance.

With patients on an individualized DNP and the BALANCING PROCEDURE --- then "juiced up" as necessary with a little bit of testing --- either the 2-minute Sympathetic/Parasympathetic test procedure, or the Tissue Acid/Alkaline Balancing Procedure) --- you will be maximizing every patient's ADAPTATIVE CAPACITY. How?

--- BY EMPOWERING THAT PATIENT ---

through increasing the Diphasic Cycle amplitude (the ideal metabolic push) that should result from activation of Dysaerobic + Sympathetic metabolic processes in the morning, and the equally powerful activation of Parasympathetic and Anaerobic metabolism in the evening, to rejuvenate after a high-performance day.

Yes, you give every patient the perfect individualized balance of Dysaerobic activators or inhibitors, Anaerobic activators or inhibitors, Sympathetic activators or inhibitors, and Parasympathetic activators or inhibitors. The result is that you will control all the nasty

DUALISTIC SYMPTOMS

that plague all your patients, including

- Inflammatory pain
- Fibromyalgia pain
- Tension pain
- Cramping pain

--- plus

- Vertigo
- Constipation/Diarrhea
- Insomnia/Somnolence
- Itching
- Allergies
- Depression/Anxiety
- High/Low Cholesterol.

Inflammation from ImmunoNeuroEndocrine Stress? --- No longer devastates your patients. ----- RAGING INFLAM-AGING? --- You will bring each patient's physiological age into line with chronological age. Premature aging will be brought to an abrupt halt.

All these benefits you give your patients automatically --- with ease --- by doing nothing more than instituting the BALANCING PROCEDURE as a first clinical step toward controlling INE stress. And the entire premise of your Diphasic Nutrition Plan is to

GUARANTEE

your patients will **Live Stronger Longer** as per the essential truth

ADAPTATIVE CAPACITY = METABOLIC BALANCE + VITAL RESERVES

Automatic. Built-in. You need not deeply contemplate the intricacies of the biochemistry underlying all your patients' catabolic and anabolic (oxidative and reductive) patho-physiological conditions. With ease --- you are self-assured, and can assure your patients, that you have provided an individualized, highly specific Metabolic Therapy to

Control All Aspects of RAGING INFLAM-AGING.

----- Of course, each of your patients' perfect combination of Oxy Tonic, Electro Tonic, and Oxy D+ determined by the BALANCING PROCEDURE is also the foundation of your complete

DIPHASIC NUTRITION PLAN.

Simply

Have every patient complete the BALANCING PROCEDURE, while at once you also give every patient

- the individualized most appropriate Immuno-Synbiotic, plus
- between 1 and 3 Diphasic A.M. and Diphasic P.M. (Adapto-Max and Oxy-Max) daily, plus
- Activator, along with the basic rules of Eat Well – Be Well, plus
- any additional supplements to further individualize a DNP based on age and history of pathology.

Pain flare-ups from out of nowhere? Episodes of spirit-crushing depression for no apparent reason? A violent eruption of vaso-vagal symptoms associated with Multiple Chemical Sensitivities (triggered by minimal exposure to something like a whiff of perfume or shopping in a gift store that sells fragrant candles)?

--- With your BALANCING PROCEDURE, you will

MAKE ALL THESE FLARE-UPS VANISH.

For your patients, you and only you understand

1. The essence of health vs. disease?
2. The key to understanding ImmunoNeuroEndocrine Stress?
3. The “secret” to RAGING INFLAM-AGING?
4. **ADAPTATIVE CAPACITY = METABOLIC BALANCE + VITAL RESERVES?**
5. **The Power to Empower** your patients in defense against the environmental triggers that activate their personal patho-physiologies?
6. Offering patients something altogether different --- something altogether superior --- to what they can get from any other doctor --- the assurance they will **Live Stronger Longer**.

Point of emphasis = A Jelly Belly is the first sign. Learn to recognize it immediately! That squishy little pinch hanging over the beltline --- a growing waist to hip ratio --- is your cue to communicate the message to your patients --- that you see noticeable evidence they are under attack by INFLAM-AGING --- that will RAGE out of control unless they make their move now --- to Live Stronger Longer.