

# **NUTRI-SPEC**



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## **THE NUTRI-SPEC LETTER**

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From:  
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Dear Doctor,

### **RAGING INFLAM-AGING ...**

in response to the physical/mental/emotional challenges of life in our crazy world --- requires that you, with NUTRI-SPEC, maximize ...

### **ADAPTATIVE CAPACITY.**

Explain “ADAPTATIVE CAPACITY” --- as achieved through METABOLIC BALANCE + INCREASED VITAL RESERVES to new patients --- and they will nod in agreement, but with a blank look on their faces, when all the while they are really thinking ...

### **“YEAH, BUT I JUST WANT TO FEEL GOOD” ...**

as they ask themselves ...

--- “Is this Doctor going to give me more energy?”

--- “... help me lose weight?”

--- “... get rid of my depression?”

--- “... get rid of my pain?”

So of course, just as your patients are silently asking you, you are asking yourself --- “Are there elements built into my NUTRI-SPEC protocols to help my patients very quickly “feel good” --- while all the while I am increasing their ADAPTATIVE CAPACITY?” And as we explained in last month’s Letter --- the answer to your question is ...

**YES, ABSOLUTELY. --- YOU CAN INDEED HELP YOUR PATIENTS  
“FEEL BETTER FAST”.**

The supplements to achieve that “feel better” are also an integral part of your ultimate goal = to guarantee your patients they will, under your care ...

**LIVE STRONGER LONGER.**

The supplements to achieve both “I feel better” --- and --- “I feel strong” and “I feel well” --- are the supplements that do double duty. They are an integral part of restoring Metabolic Balance and increasing Vital Reserves --- as the only means to Live Stronger Longer. But --- they also give an instantaneous jolt to the evil forces that drive symptoms on a day-to-day basis. Most of your patients’ complaints fall into one of two categories:

- a) Manifestations of tissue or systemic Acid/Alkaline Imbalance, or,
- b) Failure of the “first responder system”, including Sympathetic/Parasympathetic defenses + Anaerobic/Dysaerobic defenses.

----- So, imagine how your ability to move metabolic mountains is enhanced by the tissue and systemic level support you give patients with your treasure chest of “double-duty” supplements ...

Here is a real-life example from my own practice to drive home our point that there is a very definite “feel good” component to your double-duty supplements ...

**“THE SUPPLEMENTS YOU GAVE ME LAST YEAR REALLY WORKED!”**

So spoke Carlos, a patient from out-of-state whom I see only once every year or so. Carlos works two full-time jobs, plus is a principal in a non-profit organization. He also travels internationally on a regular basis. --- A hectic schedule to say the least. Several years ago, he

presented with major complaints that included fatigue during the day, inability to sleep at night, and difficulty losing weight.

In the several times we saw him, NUTRI-SPEC Testing always revealed the same general patterns of Metabolic Imbalance --- an extreme Alkalosis, a bit of a Dysaerobic Imbalance, and a mishmash of Ketogenic + Parasympathetic test patterns (which is what we often see in someone who is extremely Alkaline). Beginning NUTRI-SPEC, Carlos immediately felt an improvement in his sleep, and he lost a few pounds. However, the weight loss plateaued at about 10 pounds above his desired weight, and his fatigue during the day was only marginally improved.

--- Same story the next year, and the next, and the next --- feeling “not bad,” but not great either. That final 10 pounds just would not come off, and he just could not maintain the “energy” (vitality) to push through his intense schedule.

When we saw Carlos last year, we decided to be a bit more assertive. I simply picked out his test results that plug into the Tissue Acid/Alkaline Balancing Protocol (urine and saliva pH, respiratory rate, and breath hold), and came up with a clear indication for Proton Plus. I loaded him up with Proton Plus and sent him home.

Now, many months later, the patient reports that immediately upon cranking up the Proton Plus, his energy improved enough that he could reasonably handle his work and travel schedule --- and, he finally dropped those last 10 pounds. My eyes agreed with his appraisal --- he looked great. The puffy face and pudgy belly were gone; his eyes sparkled.

--- Proton Plus does double-duty --- correcting the underlying Metabolic Imbalances, but also instantly restoring Tissue Acid/Alkaline Balance.

So --- whether you are giving your patients Metabolic Balancing followed by a Diphasic Nutrition Plan, or, using the Sympathetic/Parasympathetic Support System as your primary means to address your patients' ImmunoNeuroEndocrine stress and to enhance their DNP's --- KEEP AN EYE OPEN for chances to juice up your Metabolic Therapy with some combination of the Sympathetic/Parasympathetic Support System, or your Tissue Acid/Alkaline Balancing Analysis.

----- A temporary booster with ...

--- Oxy Tonic  
 --- or Oxy D+  
 --- or Phos Drops  
 --- or Proton Plus  
 --- or Glutamine  
 --- or Magnesium Chloride  
 --- or Sodium Citrate  
 --- or baking soda  
 --- or Electro Tonic  
 --- or Sodium Glycerophosphate  
 --- or Complex S  
 --- or Complex P ...

can be just what your patient needs to overcome nagging chronic conditions.

Adding just a little booster here and there will reward you with many, many patients who gleefully report ...

**“I FEEL GOOD, DOC!”**

Of course, feeling good is only one part of being well, but what you will initiate here is an endless stream of referrals, with new patients coming to your office saying ...

**“MY SISTER SAID I’VE GOT TO SEE YOU ---  
YOU’VE REALLY GOT HER FEELING GOOD!”**

Here is the big idea you must grasp ...

Are you using PROTON PLUS to ...

**CURE CHRONIC FATIGUE?**

Are you giving patients PROTON PLUS so they can ...

**LOSE 10 POUNDS ALMOST OVERNIGHT?**

If not, why not? --- After all, you just read of my patient who celebrated a glorious breakthrough immediately upon taking PROTON PLUS --- losing that stubborn last 10 pounds of tummy pudge, and bouncing through his strenuous days with boundless energy.

If I can give my patients such amazing benefits with PROTON PLUS, why can't you?

I am, of course, joking. Yes, it was indeed PROTON PLUS that pumped up his energy and pushed down his body fat. But PROTON PLUS is no more an effective remedy for fatigue or weight gain than are any of the silly herbal drugs and other "natural" cures hyped as "good for" energy and weight loss. --- The (obvious) difference between PROTON PLUS and the endless supplement industry's ---

### **"FLAVORS OF THE MONTH" ...**

remedies is that PROTON PLUS can be used in your practice with patient-specificity. Health food store remedies (in addition to being promoted on largely fraudulent claims) can only be given in a disease-specific, floundering in the dark, trial-and-error, desperate attempt to find something, anything to make a patient feel better.

(--- Ha! --- Caffeine, booze, and tobacco would be a more biochemically effective road to (temporary) "feel good," and would certainly be more cost effective than ginseng, ginko, resveratrol, curcumin, nutrient megadoses, and all the other nonsense pushed by the pill peddlers.)

No, for my patient --- one individual patient with a particular combination of Metabolic Imbalances underlying his chronic fatigue and tubby tummy --- PROTON PLUS represented his patient-specific, individualized ...

### **"BARRIER BUSTER" ...**

to work through his own unique combination of ---

- Acid/Alkaline Imbalance(s)
- Sympathetic/Parasympathetic defense deficiency
- Anaerobic/Dysaerobic defense deficiency ---

such that his ADAPTATIVE CAPACITY could finally rise to meet the demands of his life.

Here is a new way to look at each of your patients. Every patient you serve has his or her own set of barriers blocking the road back to maximal health. --- A new way to see yourself is as a ...

### **“PROFESSIONAL BARRIER BUSTER” ...**

using your objective, patient-specific NUTRI-SPEC protocols to first identify every patient’s barriers, then to use the explosive power of NUTRI-SPEC supplementation to blow those barriers away.

For many patients age 33+, and for virtually all patients age 53+, what is the major overwhelming barrier to achieving physiological age equal to chronological age? It is the loss of Vital Reserves ...

### **CRIPPLING YOUR PATIENTS’ CAPACITY TO DEFEND ...**

against both INFLAM-AGING processes that result in the body breaking down, and, INFLAM-AGING processes that result in the body clogging up. This failure to defend against the diphasic pathophysiology of aging is why we say over and over again that ...

### **YOUR DIPHASIC NUTRITION PLAN IS THE KEY TO LIVE STRONGER LONGER.**

The extraordinary power you have with your DNP lies in its ability not only to specifically help your patients defend against both the anabolic and catabolic aspects of aging, but also to fight off manifestations of INFLAM-AGING at both the cellular level and the tissue level of biological organization.

So --- you will achieve “I feel good” and “Live Stronger Longer” by setting up every patient with an individualized DNP --- blasting the “I just want to feel good” symptoms with your Sympathetic/Parasympathetic Support System and/or your Tissue Acid/Alkaline Balancing.

Knock down those barriers! Feel good about helping your patients “feel good”. Bring RAGING INFLAM-AGING under control --- quick response --- followed by Live Stronger Longer.