

NUTRI-SPEC



THROUGH
SPECIFIC NUTRITION
89 Swamp Road
Mifflintown, PA 17059
800-736-4320
717-436-8988
Fax: 717-436-8551
NutriSpec@nutri-spec.net
www.nutri-spec.net

THE NUTRI-SPEC LETTER

Volume 33 Number 6

From:
Guy R. Schenker, D.C.
June, 2022

**IT WAS SACRED
TO THE AMERICAN INDIANS**

**IT WAS IRRESISTABLE
TO INTREPID AMERICAN SETTLERS**

Dear Doctor,

My wife and I celebrated our anniversary at Bedord Springs Resort in Southwestern Pennsylvania. The eight springs on the property have a fascinating history ...

Going back to the 1700's there were three Indian tribes in the Pennsylvania, New York, Maryland, West Virginia and Ohio area --- repeatedly at war with each other. Yet they congregated peaceably to partake of the springs' healing waters.

Injured or sick members of these tribes journeyed long distances to enjoy the rejuvenating springs. If members of conflicting tribes encountered each other anywhere else they reflexively attempted to kill each other. But, in the sanctuary of the springs, all animosities were put aside --- and peaceful coexistence reigned. The sacred waters were held in even higher esteem than tribal loyalties.

In 1796 a pioneering country doctor “discovered” the springs for the benefit of European settlers. He purchased a large tract of land surrounding the springs, and began recommending that his patients drink the water to cure various ailments.

News of the healing waters’ power spread --- and within a few years those with a pioneering spirit journeyed to the outer limits of the Western frontier (--- at this time Pittsburgh was not even a city yet) for rest, rejuvenation, and healing. The entrepreneurial physician built an inn to accommodate guests --- and that inn grew throughout the 1800’s into a major resort. Visitors flocked from all over the country as the story of restorative waters spread far and wide.

What was so special about these seemingly magical springs?

SULFUR!

For months we have been singing to you variations of the same song ---

UNDER-SULFATION IS A UBIQUITOUS COMPONENT OF ALL PATHO-PHYSIOLOGY.

Under-sulfation of membranes can be so devastating that it is a key component of extreme pathology and death from such conditions as Covid, cardiovascular disease, and many autoimmune diseases. We have been practically begging you to ...

PAY ATTENTION ---

and learn the best, fastest, and simplest way to empower your patients and enrich yourself ...

Quoting heavily from the excellent research by du Preez, we have shown how negative valence sulfur --- Thiosulfate --- your Oxy Tonic --- is critical to the health of your patients. Regardless of what symptoms or conditions they present, they are certain to need restoration of membrane sulfation.

The best and quickest way to restore sulfation for your patients is through the BALANCING PROCEDURE. With that clinical tool your patients obtain Thiosulfate in just the right proportions to other membrane stabilizers and cellular energizers. So, they reap the rewards of sulfation without upsetting any Fundamental Metabolic Balance Systems.

Your Oxy Tonic gives immediate improvement in ...

- cellular energetics
- antioxidant status
- anti-reductant status
- selective membrane permeability
- immune system balance

----- No one has clarified the importance of sulfation in maintaining tissue integrity (both in terms of tissue function, tissue longevity, and tissue immune resistance) than has du Preez --- in her ground-breaking study on Thiosulfate (Oxy Tonic).

du Preez answers the critical questions ...

- What is the mechanism by which those who become severely ill from Covid suffer total incapacitation of their defense mechanisms?
- What is the mechanism by which the degenerative process of arteriosclerosis occurs in arteries?
- What is the mechanism by which the symptoms of autoimmune diseases flare up from time to time?
- What is the mechanism by which serum cholesterol levels either go too high or too low (--- which are equally signs of extreme devastating Metabolic Imbalance)?

In last month's Letter we emphasized how du Preez highlights the interaction between epithelial membranes and immune system release of many defensive compounds such as ...

- antibodies
- lysozymes
- nitric oxide
- and many others

Collectively, these defensive compounds form a physical barrier with direct anti-microbial and anti-toxin activity --- and are critical to a major function of the immune system --- to tag foreign proteins for elimination by phagocytes.

But please understand that your BALANCING PROCEDURE to supply all your patients with their individualized amount of Oxy Tonic needed for membrane sulfation --- is NOT a “treatment” for Covid, nor for any other Immune System Stress. With Oxy Tonic you affect everything --- from skin function to brain function to the function of every organ in the body. ----- And that is just considering the epithelial need for proper sulfation.

If we switch now from considering the epithelial membranes to the endothelial membranes --- we see there are two critical roles for the endothelium --- both of which depend on full thiosulfation (your BALANCING PROCEDURE with Oxy Tonic) of the membranes ...

- maintenance of vascular barrier functions
- fluid homeostasis.

An essential function of the endothelium is, therefore ...

- maintaining correct oncotic pressure in the capillary bed
- facilitating the absorption and reabsorption of molecules across capillary membranes.

Here is du Preez again ... “Endothelial Thiosulfate is crucial for the maintenance of vascular barrier functions and fluid homeostasis. An essential function of the endothelium is, therefore, maintaining correct oncotic pressure in the capillary bed, in addition to facilitating the absorption and reabsorption of molecules across capillary membranes.”

Do you see the big picture here? Do you see how BIG the big picture is?

What can possibly be more fundamental to maintaining health and preventing disease than absorption of nutrients and elimination of toxins?

What can be more fundamental than maintaining correct fluid dynamics between the systemic level of biological organization (the blood), and the tissue level of biological organization, and the cellular level?

If you are doing something else “nutritionally”, or as “immune therapy”, or maybe even something that calls itself “Metabolic Therapy” --- but you are NOT addressing the basic flow of nutrients, toxins, and fluid between body fluid compartments --- then you are wasting your patients’ money and time.

How simple is the BALANCING PROCEDURE? Here it is for those of you who have not yet implemented it === THE ONLY WAY TO INDIVIDUALIZE your Metabolic Therapy ...

NUTRI-SPEC



 THROUGH
 SPECIFIC NUTRITION
 89 Swamp Road
 Mifflintown, PA 17059
 www.nutri-spec.net

Diphasic Nutrition Plan

Balancing Procedure:

Your BALANCING PROCEDURE will assure that you take Oxygenic D+ and Oxy Tonic in proper proportion. You can think of these two supplements as “metabolic sparks”. They activate and balance oxidative energy production. Working together, they balance the permeability of cell membranes, allowing nutrients in and toxins out. They also balance tissue acidity and alkalinity.

Some people have a metabolism that requires a high amount of one and very little of the other. Your BALANCING PROCEDURE will determine the ideal quantities of each supplement for your individual needs. Your BALANCING PROCEDURE also determines your need for Electro Tonic to help maintain electrolyte balance.

[IMPORTANT: The directions for the BALANCING PROCEDURE are different for patients who often experience diarrhea. If you are one of those people, then follow only the instructions on the next page, and skip to STEP 1 on the next page now.]

STEP 1: Take no Oxy D+. For 3 days, take ¼ scoop of Oxy Tonic in water first thing in the morning. On the 4th day, increase the Oxy Tonic supplementation from ¼ to ½ scoop. On the 7th day, increase the Oxy Tonic to ¾ scoop. On the 10th day, increase the Oxy Tonic to 1 scoop.

STEP 2: When you experience a stool that is a bit more loose than normal, or a stool that has a definite sulfur odor (or, when you have reached the 12th day with no bowel reaction), then you can assume you have achieved saturation with negative valence sulfur --- the crucial ANTI-OXIDANT AND PRO-OXIDANT of your Oxy Tonic. (You may actually have an episode of mild diarrhea, and that is no problem at all. That is just one sure way to know that you have achieved systemic saturation with negative valence sulfur.)

When saturation is reached, go to the Table below. The Table tells you the amount of Oxy Tonic you will take before breakfast every morning (no longer necessarily first thing in the morning), and the amount of Oxy D+ you will take daily before your evening meal, and the amount of Electro Tonic you will take to maintain electrolyte balance.

Point of Oxy Tonic saturation	Take Oxy Tonic before breakfast	Take Oxygenic D+ before evening meal	Take Electro Tonic before breakfast/eve meal
1/4 scoop	approx. 1/8 scoop	44 drops (1/4 tsp)	1/4 tsp/2 tsp
1/2 scoop	approx. 1/8 scoop	22 drops (1/8 tsp)	1/4 tsp/1 tsp
3/4 scoop	approx. 1/4 scoop	0	0/ 1/2 tsp
1 scoop	approx. 1/2 scoop	0	0 / 1/4 tsp
None By Day 12	approx. 1 scoop	0	0/1/4 tsp

STEP 1: [Ignore the Table above.] If you are a person who frequently experiences diarrhea, then for the first 3 days of your BALANCING PROCEDURE take approximately 1/4 scoop of Oxy Tonic first thing in the morning, and 35 drops of Oxy D+ before your evening meal. On the 4th day, increase your Oxy D+ from 35 to 40 drops, and keep your Oxy Tonic at 1/4 scoop.

Every 3 days increase your Oxy D+ by 5 drops (and from here on you can eliminate the Oxy Tonic). [To simplify your Oxy D+ measuring after the 4th day: There are 45 drops of Oxy D+ in 1/4 tsp.]

STEP 2: Stop the clinical trial when 3 days have gone by with no loose stool. The amounts of Oxy D+ and Oxy Tonic you have taken that 3-day span will now become a permanent part of your Diphasic Nutrition Plan --- taking the Oxy Tonic before breakfast, and the Oxy D+ before your evening meal. To maintain electrolyte balance, you will need 1/4 tsp of Electro Tonic before breakfast and 1/4 tsp before your evening meal.

STEP 3: If during this BALANCING PROCEDURE you do not go through 3 consecutive days without a loose stool after you have taken 90 drops (1/2 tsp) of Oxy D+ for 3 days, then stop. The amount of Oxy D+ that will be permanently part of your Diphasic Nutrition Plan is 1/4 tsp, to be taken before your evening meal. Your need for Oxy Tonic will be zero. You will take 1 tablespoon of Electro Tonic first thing every morning.