

NUTRI-SPEC



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THE NUTRI-SPEC LETTER

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From:
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Dear Doctor,

You might find interesting the new patient I had yesterday. This is a woman in her mid-fifties with three rather severe conditions...

- Rheumatoid Arthritis
- Ulcerative Colitis --- or --- “Microscopic Colitis” (= uncertain diagnosis)
- Breast Cancer (--- (Estrogen sensitive) in remission after Lumpectomy and Radiation and Chemo)

Naturally you are thinking, “THREE MAJOR DISEASES --- that woman is in pretty rough shape”.

To you I reply --- “Three diseases? --- No, just one disease.”

If we are thinking in Nutri-Spec terms --- in other words, seeing the big picture and seeking causes of disease ---we immediately recognize that this woman is suffering one and only one disease ...

INFLAM-AGING.

When you have a patient such as this, analyze not by medical criteria, but within the context of Nutri-Spec Metabolic Therapy. ----- The woman has Rheumatoid Arthritis, an obvious inflammatory disease. In particular, it is an

exaggerated inflammatory response mediated via the Lymphocyte Th-1 family of cytokines (- - -including IFN- γ , TNF- α , Il-1, IL-2, and so on).

The patient's Ulcerative Colitis is by definition an inflammatory disease, and (not surprisingly!) it is a manifestation of the very same Th-1-mediated inflammatory response --- involving the very same inflammatory cytokines as Rheumatoid Arthritis.

An Estrogen-sensitive breast cancer? Perhaps the most significant manifestation of Estrogen Stress is an increase in one of the key Th-1 inflammatory cytokines --- IL-1. So again, the very same "disease".

Get it? With Nutri-Spec you can simplify. My patient (as so many of your patients) is carrying multiple MAJOR medical diagnoses, along with a truckload of nasty symptoms, --- yet --- she really only has one "disease" --- INFLAM-AGING. ----- In her particular case (as in all your patients) ...

THE CHAIN BREAKS AT ITS WEAKEST LINK.

What do we mean by that? All of us, throughout our entire lives, are exposed to an unrelenting barrage of environmental stresses, emotional stresses, and nutritional stresses --- all built upon our unique genetic makeup. That is to say, we all have strengths, and we all have weaknesses. We each have our own long chain of links between our immune system, our nervous system, and our endocrine system such that each of us responds uniquely to Immuno-Neuro-Endocrine Stress. Some of the links in our chain are weak, and some are strong.

When exposed to a particular source of overwhelming stress, some people's chain will break, allowing them to fall into an Anaerobic Imbalance, while some other patients' exposure to the same environmental load will break down into a Dysaerobic imbalance. Subsequently, the individual now suffering from an Anaerobic Imbalance may suffer another particularly weak link within that realm of metabolic processes that breaks, and so we get a Th-2 mediated immune dominance. In contrast, the patient who broke a Dysaerobic link secondarily suffers a "chain reaction" exposing an Immunoglobulin-E inflammatory immune response with allergies.

Again, I ask, "Get it?" --- both these people are manifesting their own individualized process of IMFLAM-AGING. Both patients now have a choice --- succumb to the Allopathic approach --- taking remedies for the myriad of symptoms they express --- or --- come to you. Under your care, all patients will receive not only an individualized Metabolic Therapy, but that therapy will address specifically the underlying causes of IMFLAM-AGING.

What is your approach to a patient with “three major diseases”? Do you assemble a group of “nature cure” supplements to “treat” Rheumatoid Arthritis? And another group of supplements to protect against cancer --- along with yet more “natural remedies” to treat Ulcerative Colitis? You, of course, know better.

As a Nutri-Spec Practitioner you know every chain breaks at its weakest links --- breaks you can target with specificity. You have several Nutri-Spec tools to repair these areas of broken metabolism. ----- The first is your ...

BALANCING PROCEDURE.

That precious clinical tool will immediately individualize your Metabolic Therapy for each patient. When your patient has determined the ideal proportions of your three Metabolic Sparks (--- Oxy Tonic, Electro Tonic and Oxy D+) --- you will have achieved ...

- pH **balance** at the Tissue Level --- the interface between the cell membrane and the Interstitium.
- fully functional cell membrane permeability --- by **balancing** the functional roll of fatty acids vs. sterol fats in the cell membrane bilayer.
- restoration of your patients’ tissue membrane sulfation --- the ultimate means to **balance** immune defense against all forms of Immuno-Neuro-Endocrine Stress.
- oxidative vs. reductive **balanced** energy production.

Great start! ---- and the way you must begin your Metabolic Therapy with all your patients --- not just those with severe pathology.

Along with the Balancing Procedure, you will supplement with Immuno-Synbiotic. You know how foundational it is to restore healthy gut microbiota. You know all about the 70% of the immune system that resides in the gut lining --- and how via activation of mast cells and macrophages and cytokines and prostaglandins in the gut lining, the various Axes (Gut-Liver Axis, Gut-Adipose Axis, Gut-Muscle Axis, Gut-Brain Axis) are effectively activated and inhibited.

Clearly you recognized that your patient does not have “3 diseases” --- but is manifesting pathology predetermined by the weak links in the Chain. That chain began to rust, and eventually break, years before symptoms arose --- which preceded by years the symptoms of inflammation --- which preceded by years the official diagnosis of a “disease” --- which continued on to more severe

pathology. All diseases are nothing more than one particular symptomatic manifestation of INFLAM-AGING.

Now, suppose your patient with major disease also has Alzheimer's? From our discussion of Alzheimer's these past few Letters, you see quite obviously that Alzheimer's is nothing more than ---

INE Stress → broken chain link → inflammation →
tissue-specific inflammation → IMFLAM-AGING.

Alzheimer's, cancer, Ulcerative Colitis, and Rheumatoid Arthritis are all variations of the same theme --- INFLAM-AGING.

In our recent discussions of Alzheimer's, we made the point that, perhaps more than in any other major disease, the Gut-Brain Axis is primary. By far the most important element in your Metabolic Therapy is Immuno-Synbiotic.

We alluded to the research we reported to you several years ago coming out of Spain showing that fungal infiltration is a cause, and perhaps THE cause of Alzheimer's. One of the most highly respected research teams in Europe has published its findings in many peer-reviewed journals. Their most comprehensive published work is entitled, "Direct Visualization of Fungal Infection in Brains, from Patients with Alzheimer's Disease".

They have found fungi (principally a variety of Candida) in the brain cells and in the Cerebrospinal Fluid of every single Alzheimer's brain they have autopsied, with no exceptions. They find zero mycotic presence in the brain of control subjects who have no evidence of neurodegenerative disease.

Think about that.

Now, consider this study published in Frontiers of Aging Neuroscience. Effect of Probiotic Supplementation on Cognitive Function and Metabolic Status in Alzheimer's Disease. ----- In this study, sixty Alzheimer's patients were supplemented with Probiotics to determine any benefits to cognitive function and metabolic status. The results were amazing ...

After just twelve weeks of Probiotic supplementation, the Alzheimer's-Probiotic treated group improved on their Mini-Mental State Examination by 28%, while the Alzheimer's control group continued to deteriorate, with their examination scores dropping by 5%. The beneficiaries of the Probiotic supplementation still suffered from serious Dementia, but their level of impairment improved from "severe" to just above the line for "moderate".

This result is more than statistically significant --- it is astounding --- especially when you consider how the Medical/Pharmaceutical establishment is chasing its tail in circles --- out of its mind dizzy trying to fight the effects, rather than the causes of Alzheimer's.

Yes, think about it. ----- and enjoy this month's special:

2 **FREE** with every 10 you buy of your BALANCING PROCEDURE essentials ...

- Oxy Tonic
- Electro Tonic
- Oxy D+