

# **NUTRI-SPEC**



THROUGH  
SPECIFIC NUTRITION  
89 Swamp Road  
Mifflintown, PA 17059  
800-736-4320  
717-436-8988  
Fax: 717-436-8551  
NutriSpec@nutri-spec.net  
www.nutri-spec.net

## **THE NUTRI-SPEC LETTER**

**Volume 34 Number 4**

From:  
Guy R. Schenker, D.C.  
April, 2023

Dear Doctor,

Oh my! ----- Think of ...

### **THE POWER YOU HAVE ---**

--- (power to serve your patients as no other Doctor can) since ...

### **YOU CAN FEED THE GUT-BRAIN AXIS.**

Yes, you can - - - and no other Alternative Health Care Professional even “has a clue” ( --- And exercising your power requires that you do no NUTRI-SPEC Metabolic Imbalance test procedures --- absolutely NONE. \*\*\* (see page 2\*\*\*).

And how critical is the Gut-Brain Axis in protecting against Immuno-Neuro-Endocrine stress? The 2-way communication line between the intestinal microbiota and brain cells is critical in---

### **MAINTAINING HEALTHY BRAIN FUNCTION THROUGH ALL PHASES OF LIFE ---**

--- from youth through old age.

\*\*\* From Page 1 ...

NUTRI-SPEC testing? Who needs it?

Complete Nutri-Spec testing to analyze the Five Fundamental Imbalances is simply not feasible for many patients. This can be due to financial constraints, or, to limitations in degree of the patient's commitment.

It is also unfeasible for all Nutri-Spec Practitioners to utilize Nutri-Spec Metabolic Imbalance Analysis. The commitment required of both doctor and staff is quite substantial. Mastering the testing, becoming quick and smooth with the analysis, administering it to patients --- and --- finding ways to insert that time and energy required into an already busy office schedule --- is more than most doctors care to swallow in one big gulp.

But you can build a thriving Metabolic Therapy practice with no testing whatsoever.

Consider the 7 different levels of Nutri-Spec participation --- described below. Most important to notice right from the start is the first four levels of Nutri-Spec practice require no testing whatsoever --- absolutely zero.

Whether you are a Medical Physician or a Chiropractic Doctor --- your essential commitment is to get virtually all your patients at Level 1. The nutrients and the adaptogens in Activator (= truly a metabolic activator), --- plus your control of the Gut-Brain Axis, the Gut-Adipose Axis, the Gut-Hypothalamus Axis, the Gut-Liver Axis, and the Gut-Muscle Axis --- achieved with Immuno-Synbiotic --- confers benefits far beyond what patients are able to do for themselves ...

For patients who do not take any supplementation, Level 1 launches them a quantum leap to a higher level of wellness. At the other extreme --- for your patients who have squandered thousands of dollars over the years on health food industry remedies --- their interest in reaching a higher level of Vital Reserves will be achieved by just those two supplements --- Activator and Immuno-Synbiotic.

Nutri-Spec at Level 2 is your big step into the realm of ...

**INDIVIDUALIZED METABOLIC THERAPY.**

Level 1

- Activator (Mighty Mins)
- Immuno-Synbiotic

Level 2

- Activator (Mighty Mins)
- Immuno-Synbiotic
- BALANCING PROCEDURE
  - Oxy-Tonic
  - Electro-Tonic
  - Oxygenic D-Plus

Note the key to Level 2 is the introduction of your BALANCING PROCEDURE. ----- This is where we seem to have a point of confusion among doctors who are new to Nutri-Spec in the past couple of years. The problem is they hear the word “balancing” and equate it with balancing as in complete Nutri-Spec Metabolic Balance Testing. No, no, no --- the BALANCING PROCEDURE requires no testing. It is simply an instruction sheet you give patients to take home --- administering the procedure to themselves.

That precious clinical tool will immediately individualize your Metabolic Therapy for each patient. When your patient has determined the ideal proportions of your three Metabolic Sparks (--- Oxy Tonic, Electro Tonic and Oxy D+) --- you will have achieved ...

- **pH balance** at the Tissue Level --- the interface between the cell membrane and the interstitium.
- fully functional cell membrane permeability --- by **balancing** the functional roll of fatty acids vs. sterol fats in the cell membrane bilayer.
- restoration of your patients’ tissue membrane sulfation --- the ultimate means to **balance** immune defense against all forms of Immuno-Neuro-Endocrine Stress.
- oxidative vs. reductive **balanced** energy production.

Think about it. ----- You have achieved all that with nothing more than Activator, Immuno-Synbiotic, along with three Metabolic Sparks --- the balanced proportions of which all patients determine themselves.

Level 3

- Activator (Mighty Mins)
- Immuno-Synbiotic
- BALANCING PROCEDURE
- Adapto-Max and/or Oxy-Max
- Taurine
- Glutamine

Level 4

- Activator (Mighty Mins)
- Immuno-Synbiotic
- BALANCING PROCEDURE
- DIPHASIC NUTRITION PLAN
  - Diphasic AM; Diphasic PM
  - Taurine
  - Glutamine
  - Complex S; Complex P
  - Oxygenic A; Oxygenic D
  - Formula ES

Level 5

- BALANCING PROCEDURE
- SYMPATHIC/PARASYMPATHETIC IMBALANCE ANALYSIS
- DIPHASIC NUTRITION PLAN

Level 6

- BALANCING PROCEDURE
- SYMPATHIC/PARASYMPATHETIC IMBALANCE ANALYSIS
- ELECTROLYTE/WATER IMABALANCE ANALYSIS
- DIPHASIC NUTRITION PLAN

Level 7

- BALANCING PROCEDURE
- SYMPATHIC/PARASYMPATHETIC IMBALANCE ANALYSIS
- ELECTROLYTE/WATER IMABALANCE ANALYSIS
- UNIFIED ACID/ALKALINE IMBALANCE ANALYSIS
- DIPHASIC NUTRITION PLAN

Level 3 is simply the addition of the extraordinary adaptogens --- Adapto Max, Oxy Max, Taurine, and Glutamine. You will recommend those to your patients who are eager to make a somewhat larger investment in --- commitment to --- increasing Vital Reserves (now that the BALANCING PROCEDURE has gone a long way toward achieving Metabolic Balance).

Level 4 involves instituting your Diphasic Nutrition Plan. This is the most comprehensive approach to Clinical Nutrition ever devised --- and your patients will not get anything like it anywhere but from you. ----- Note you have still not needed to do any in-office testing.

It doesn't get any better than this. Enrich yourself as you enrich and empower your patients --- all of them --- with your Nutri-Spec Unique Value Offer ...

An individualized nutrition plan to maximize ADAPTATIVE CAPACITY ...  
by restoring Metabolic Balance and ...  
by increasing Vital Reserves.

SPECIAL this month:

Oxy Tonic, Electro Tonic, Oxy D+, and Immuno-Synbiotic Immune Power = 2 **FREE** with every 10 you buy.