## **ACTIVATOR**

The essence of our philosophy behind the **ACTIVATOR** formulation relates to providing ...

## ADAPTOGENS ...

in quantity & quality you will not find anywhere else.

What are ADAPTOGENS? They include vitamins, minerals, and many other <u>dietary</u> <u>supplements</u> proved by research scientists to boost your health, so that you may ---

## LIVE STRONGER LONGER.

ACTIVATOR gives you the full complement of vitamins, minerals and trace minerals – in their most bio-active forms. Also provided are other ADAPTOGENS to empower the immune system, the nervous system, and the hormone system — in defense against physical, nutritional, emotional and toxic stresses.

All these essential ingredients are found in perfect proportions. What does that mean?

The Nutri-Spec model of LIVE STRONGER LONGER is based on maintaining balance in Five Metabolic Control Systems.\* The unique blend of nutrients in Activator will <u>not</u> alter these Five Metabolic Balances. Rather, this perfect combination of nutrients feeds the strength of these health-maintaining systems.

Furthermore, the disintegration curve of ACTIVATOR (and all NUTRI-SPEC products) is such that the nutrients are fully dissolved when they reach their site of intestinal absorption.

Extraordinary ADAPTOGENS not commonly found in ordinary supplements:

- Coenzyme Q-10
- Vitamins B1, B2 & B6 in their biologically active coenzyme form
- Ascorbyl Palmitate (fat-soluble Vit C)

- Chromium in Nicotinate form
- Mineral Orotates & Aspartates
- Ouercetin
- Benfotiamine
- Glycine + NAC + Lipoic Acid
- Taurine
- L-Carnitine
- NADH

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Servings per Container: 30   Amount Per Serving   % Daily Value   Vilamin A (as retinyl palmitate and 50% as beta-carotene)   1,000 mcg   111%   150 mg   167%   150 mg   1	Supplement Facts		
Name	Serving Size: 4 Tablets		
Vitamin A (as retinyl palmitate and 50% as beta-carotene)         1,000 mcg         111%           Vitamin C (as ascorbic acid and 13% as ascorbyl palmitate)         150 mg         167%           Vitamin D (as cholecalciferol)         50 mcg (2,000 IU)         250%           Vitamin E (as d-alpha-tocopheryl succinate)         15 mg         100%           Thiamin (as thiamin mononitrate)         1 mg         83%           Ribofiavin (as riboflavin-5-phosphate)         2 mg         156%           Vitamin Ba (as pyridoxal-5-phosphate)         2 mg         118%           Folate         800 mcg DFE         200%           Vitamin B <sub>12</sub> (as cyanocobalamin)         5 mcg         208%           Biotin         30 mcg         100%           Vitamin B <sub>12</sub> (as cyanocobalamin)         5 mcg         208%           Biotin         30 mcg         100%           Pantothenic acid (as D-calcium pantothenate)         10 mg         200%           Calcium (49% as calcium glycerophosphate, 41% as microcrystalline         20 mg         15%           hydroxyapatite, and 10% as calcium orotate, and 10% as calcium orotate, and 10% as magnesium (as calcium glycerophosphate and microcrystalline hydroxyapatite)         120 mg         10%           Including (from kelp (Ascophyllum nodosum))         150 mcg         100%	Servings per Container. So		
Vitamin C (as ascorbic acid and 13% as ascorbyl palmitate)         150 mg         167%           Vitamin D (as cholecacidrefor)         50 mcg (2,000 IU)         250%           Vitamin E (as d-alpha-tocopheryl succinate)         15 mg         100%           Thiamin (as thiamin mononitrate)         1 mg         83%           Riboflavin (as riboflavin-5-phosphate)         2 mg         154%           Vitamin B <sub>10</sub> (as pyridoxal-5-phosphate)         2 mg         118%           Folate         800 mcg DFE (480 mcg folic acid)         20%           Vitamin B <sub>12</sub> (as cyanocobalamin)         5 mcg         200%           Biotin         30 mcg pTE (480 mcg folic acid)         200%           Vitamin B <sub>12</sub> (as cyanocobalamin)         5 mcg         200%           Biotin         30 mcg pTO         100%           Pantothenic acid (as p-calcium pantothenate)         10 mg         200%           Calcium (49% as calcium glycerophosphate, 41% as microcrystalline hydroxyapatite)         10 mg         200%           Valum (49% as calcium glycerophosphate and microcrystalline hydroxyapatite)         120 mg         10%           Iron         0.7 mg         4%         20 mg         15%           Phosphorus (as calcium glycerophosphate and microcrystalline hydroxyapatite)         120 mg         10%           <			
Vitamin D (as cholecalciferol)         50 mcg (2,000 IU)         250%           Vitamin E (as d-alpha-tocopheryl succinate)         15 mg         100%           Thiamin (as thiamin mononitrate)         1 mg         83%           Riboflavir (as riboflavin-5-phosphate)         2 mg         154%           Niacin (as niacinamide and 20% as niacin)         25 mg         156%           Vitamin B₀ (as pyridoxal-5-phosphate)         2 mg         118%           Folate         800 mcg DFE (480 mcg folic acid)         200%           Vitamin B₁₂ (as cyanocobalamin)         5 mcg         208%           Biotin         30 mcg         100%           Pantothenic acid (as 0-calcium pantothenate)         10 mg         200%           Calcium (49% as calcium glycerophosphate, 41% as microcrystalline phydroxyapatite, and 10% as calcium ordate)         10 mg         200 mg         15%           Iron         0.7 mg         4%         4%         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         6		-1	
Vitamin E (as d-alpha-tocopheryl succinate)         15 mg         100%           Thiamin (as thiamin mononitrate)         1 mg         83%           Riboflavin (as riboflavin-5-phosphate)         2 mg         156%           Niacin (as niacinamide and 20% as niacin)         25 mg         156%           Vitamin B <sub>0</sub> (as pyridoxal-5-phosphate)         2 mg         118%           Folate         800 mcg DFE (480 mcg folic acid         200%           Vitamin B <sub>12</sub> (as cyanocobalamin)         5 mcg         208%           Biotin         30 mcg         100%           Pantothenic acid (as c-calcium pantothenate)         10 mg         200%           Calcium (49% as calcium glycerophosphate, 41% as microcrystalline hydroxyapatite)         10 mg         200%           Phosphorus (as calcium glycerophosphate and microcrystalline hydroxyapatite)         120 mg         15%           Phosphorus (as calcium glycerophosphate and microcrystalline hydroxyapatite)         120 mg         10%           Magnesium (41% as magnesium bisglycinate chelate, 30% as magnesium malate, 17% as magnesium orotate, and 12% as magnesium gluconate)         120 mg         10%           Zinc (as zinc monomethionine)         20 mg         182%           Selenium (as selenomethionine)         20 mg         182%           Copper (as copper aspartate)         1 mg			
Thiamin (as thiamin mononitrate)   1 mg   83%		211	
Riboflavin (as riboflavin-5-phosphate)   2 mg   154%     Niacin (as niacinamide and 20% as niacin)   25 mg   156%     Vitamin B <sub>1</sub> (as pyridoxal-5-phosphate)   2 mg   200%     Folate			
Niacin (as niacinamide and 20% as niacin)         25 mg         156%           Vitamin B₀ (as pyridoxal-5-phosphate)         2 mg         118%           Folate         800 mcg DFE (480 mcg folic acid)         200%           Vitamin B₁₂ (as cyanocobalamin)         5 mcg         208%           Biotin         30 mcg         100%           Pantothenic acid (as 0-calcium pantothenate)         10 mg         200mg         15%           Calcium (49% as calcium glycerophosphate, 41% as microcrystalline hydroxyapatite, and 10% as calcium orotate)         0.7 mg         4%           Phosphorus (as calcium glycerophosphate and microcrystalline hydroxyapatite)         120 mg         10%           Magnesium (41% as magnesium bisglycinate chelate, 30% as magnesium         250 mg         60%           Magnesium (41% as magnesium orotate, and 12% as magnesium gluconate)         20 mg         182%           Zelenium (as selenomethionine)         20 mg         182%           Selenium (as selenomethionine)         20 mg         11%           Mangnaese (as manganese aspartate)         1 mg         11%           Chromium (as chromium polyticolitate)         40 mcg         11%           Molybdenum (as sodium molybdale)         50 mcg         111%           Molybdenum (as potassium orotate)         80 mg         2% <tr< td=""><td></td><td></td><td></td></tr<>			
Vitamin B₀ (as pyridoxal-5-phosphate)         2 mg         118%           Folate         800 mcg DFE (480 mcg oFica caid)         200%           Vitamin B₁₂ (as cyanocobalamin)         5 mcg         208%           Biotin         30 mcg         100%           Pantothenic acid (as b-calcium pantothenate)         10 mg         200%           Calcium (49% as calcium glycerophosphate, 41% as microcrystalline hydroxyapatite, and 10% as calcium orotate)         0.7 mg         4%           Phosphorus (as calcium glycerophosphate and microcrystalline hydroxyapatite)         120 mg         10%           Indide (from kelp (Ascophylium nodosum))         15 mg         100%           Magnesium (41% as magnesium bisglycinate chelate, 30% as magnesium malate, 17% as magnesium orotate, and 12% as magnesium gluconate)         25 mg         60%           Selenium (as selenomethionine)         20 mg         182%           Selenium (as selenomethionine)         100 mcg         182%           Copper (as copper aspartate)         1 mg         111%           Manganese (as manganese aspartate)         2 mg         87%           Chromium (as chromium golynicotinate)         40 mcg         11%           Molybdenum (as sodium molybdate)         50 mg         *1           Sodium         10 mg         *1           Potassium (a			
Folate			
Section   Sect			
Vitamin B₁₂ (as cyanocobalamin)         5 mcg         208%           Biotin         30 mcg         100%           Pantothenic acid (as o-calcium pantothenate)         10 mg         200%           Calcium (49% as calcium glycerophosphate, 41% as microcrystalline hydroxyapatite, and 10% as calcium orotate)         200 mg         15%           Iron         0.7 mg         4%           Phosphorus (as calcium glycerophosphate and microcrystalline hydroxyapatite)         120 mg         10%           Iodine [from kelp (Ascophy/lum nodosum])         150 mcg         10%           Magnesium (41% as magnesium bisglycinate chelate, 30% as magnesium         250 mg         60%           malate, 17% as magnesium orotate, and 12% as magnesium gluconate)         20 mg         182%           Selenium (as selenomethionine)         100 mcg         182%           Selenium (as selenomethionine)         100 mcg         182%           Copper (as copper aspartate)         1 mg         111%           Manganese (as manganese aspartate)         1 mg         114%           Molybdenum (as chromium polyticotinate)         40 mcg         114%           Molybdenum (as sodium molybdate)         50 mcg         111%           Sodium         10 mg         *           Potassium (as potassium orotate)         80 mg	Folate		
Biotin   30 mcg   100%	Vitania B. (a. a. a. a. a. b. lamia)		
Paniothenic acid (as p-calcium pantothenate)			
Calcium (49% as calcium glycerophosphate, 41% as microcrystalline hydroxyapatite, and 10% as calcium orotate)         15% hydroxyapatite, and 10% as calcium orotate)         15% hydroxyapatite, and 10% as calcium orotate)         0.7 mg         4%           Phosphorus (as calcium glycerophosphate and microcrystalline hydroxyapatite)         120 mg         10% dine [from kelp (Ascophyllum nodosum)]         150 mcg         100% dine [from kelp (Ascophyllum nodosum)]         150 mcg         100% dine [from kelp (Ascophyllum nodosum)]         250 mg         60% dine [from kelp (Ascophyllum nodosum)]         250 mg         182% dine [from kelp (Ascophyllum nodosum]]         100 mcg         182% dine [from kelp (Ascophyllum nodosum]]         111% dine [from kelp (Ascophyllum nodosum]]         114% di			
hydroxyapatite, and 10% as calcium orotate)   170 mg   4%			
Iron   0.7 mg   4%		200 mg	15%
Phosphorus (as calcium glycerophosphate and microcrystalline hydroxyapatite)         120 mg         10%           Iodine [from kelp ( <i>Ascophyllum nodosum</i> )]         150 mcg         100%           Magnesium (41% as magnesium bisglycinate chelate, 30% as magnesium         250 mg         60%           malate, 17% as magnesium orotate, and 12% as magnesium gluconate)         20 mg         182%           Zinc (as zinc monomethionine)         100 mcg         182%           Selenium (as selenomethionine)         100 mcg         182%           Copper (as copper aspartate)         1 mg         111%           Manganese (as manganese aspartate)         2 mg         87%           Chromium (as chromium golynicotinate)         40 mcg         114%           Molydenum (as sodium molybdate)         50 mcg         111%           Sodium         10 mg         41           Potassium (as potassium orotate)         80 mg         2%           Glycine         80 mg         2%           Glycine         500 mg         *           Alpha Lipoic Acid         100 mg         *           N- Acetyl Cysteine         100 mg         *           L-Carnitine (as L-carnitine tartrate)         50 mg         *           Benfotiamine         40 mg         * <tr< td=""><td></td><td>0.7 ma</td><td>40/</td></tr<>		0.7 ma	40/
Iodine [from kelp (Ascophyllum nodosum)]         150 mcg         100%           Magnesium (41% as magnesium bisglycinate chelate, 30% as magnesium gluconate)         250 mg         60%           malate, 17% as magnesium orotate, and 12% as magnesium gluconate)         20 mg         182%           Zinc (as zinc monomethionine)         100 mcg         182%           Selenium (as selenomethionine)         10 mg         11%           Copper (as copper asparlate)         2 mg         81%           Chromium (as chromium pglynicotinate)         40 mcg         114%           Molybdenum (as sodium molybdate)         50 mcg         111%           Sodium         10 mg         <1%			
Magnesium (41% as magnesium bisglycinate chelate, 30% as magnesium malate, 17% as magnesium orotate, and 12% as magnesium gluconate)         250 mg         60%           Selenium (as selenomethionine)         100 mcg         182%           Selenium (as selenomethionine)         100 mcg         182%           Copper (as copper aspartate)         1 mg         111%           Manganese (as manganese aspartate)         2 mg         87%           Chromium (as chromium golvicotinate)         40 mcg         114%           Molybdenum (as sodium molybdate)         50 mcg         111%           Sodium         10 mg         <1%			
malate, 17% as magnesium orotate, and 12% as magnesium gluconate)         120 mg         182%           Zinc (as zinc monomethionine)         100 mg         182%           Selenium (as selenomethionine)         10 mg         111%           Copper (as copper aspartate)         1 mg         111%           Manganese (as manganese aspartate)         2 mg         87%           Chromium (as chromium golyticotinate)         40 mcg         114%           Molybdenum (as sodium molybdate)         50 mcg         111%           Sodium         10 mg         <1%			
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Copper (as copper aspartate)         1 mg         111%           Manganese (as manganese aspartate)         2 mg         87%           Chromium (as chromium polynicolinate)         40 mcg         114%           Molybdenum (as sodium molybdate)         50 mcg         111%           Sodium         10 mg         <1%			
Manganese (as manganese asparlate)         2 mg         87%           Chromium (as chromium golynicofinate)         40 mcg         114%           Molybdenum (as sodium molybdate)         50 mcg         111%           Sodium         10 mg         <1%			
Chromium (as chromium gobroicotinate)         40 mcg         114%           Molybdenum (as sodium molybdate)         50 mcg         111%           Sodium         10 mg         <1%			
Molybdenum (as sodium molybdate)         50 mcg         111%           Sodium         10 mg         <1%			
Sodium         10 mg         <1%           Potassium (as potassium orotate)         80 mg         2%           Glycine         500 mg         *           Quercetin         200 mg         *           Alpha Lipoic Acid         100 mg         *           N- Acetyl Cysteine         100 mg         *           Taurine         100 mg         *           L-Carnitine (as L-carnitine tartrate)         50 mg         *           Benfotiamine         40 mg         *           Pantethine         15 mg         *           Coenzyme Q-10           15 mg         *           NADH (nicotinamide adenine dinucleotide) †         5 mg         *           Boron (as calcium borogluconate)         3 mg         *           Lithium orotate         2 mg         *			
Potassium (as potassium orotate)   80 mg   2%			
Quercetin         200 mg         *           Alpha Lipoic Acid         100 mg         *           N- Acetyl Cysteine         100 mg         *           Taurine         100 mg         *           L-Carnitine (as L-carnitine tartrate)         50 mg         *           Benfotiamine         40 mg         *           Rantefibine         15 mg         *           Coenzyme Q-10 I         15 mg         *           MADH (nicotinamide adenine dinucleotide) †         5 mg         *           Boron (as calcium borogluconate)         3 mg         *           Lithium orotate         2 mg         *			
200 mg   2	Glycine	500 mg	*
NADH (nicotinamide adenine dinucleotide) †   S mg   x	Quercetin	200 mg	*
Taurine   100 mg   x	Alpha Lipoic Acid	100 mg	×
To this   To t	N- Acetyl Cysteine	100 mg	*
Benfotiamine         40 mg         *           Pantlethine         15 mg         *           Coenzyme Q-10           15 mg         *           NADH (nicotinamide adenine dinucleotide) †         5 mg         *           Boron (as calcium borogluconate)         3 mg         *           Lithium orotate         2 mg         *	Taurine	100 mg	*
Sandethine	L-Carnitine (as L-carnitine tartrate)	50 mg	*
Coenzyme O-10   15 mg	Benfotiamine	40 mg	*
Coenzyme Q-10         15 mg         *           NADH (nicotinamide adenine dinucleotide) †         5 mg         *           Boron (as calcium porogluccoate)         3 mg         *           Lithium orotate         2 mg         *	Pantethine	15 mg	×
NADH (nicotinamide adenine dinucleotide) †         5 mg         *           Boron (as calcium borogluconale)         3 mg         *           Lithium orotate         2 mg         *	Coenzyme Q-10	15 mg	*
Boron (as calcium <u>borogluconate</u> ) 3 mg * Lithium orotate 2 mg *			*
Lithium orotate 2 mg *		3 mg	*
• Delta makes and and other hand			*
	* Daily value not established.		

Other ingredients: Microcrystalline cellulose, stearic acid, coating (hypromellose, glycerin, hydroxypropyl cellulose), croscarmellose sodium, silica, and magnesium stearate.

