



Nutri-Spec supplements are not offered as a cure or even a treatment for diseases. Our slogan is "LIVE STRONGER LONGER", and our means to achieve that goal is by meeting the nutrition needs of each individual to maximize health. However, research shows clearly that in addition to their pathological processes, diseases create extraordinary nutrition needs. When Nutri-Spec recommends dietary improvements and supplementation to meet those extraordinary needs, we are in no way claiming to treat the disease process itself. A Physician should always be consulted as primary care for any pathology.

Specific For You

Nutrition needs vary to an extreme between one individual and another. This concept of biological individuality, providing your own individual nutrition needs, is a Nutri-Spec Key Concept.

LIVE STRONGER LONGER!



Be Among the Many Who Contact Us  
 800-736-4320  
 nutri-spec.net  
 nutrispec@nutri-spec.net

Q: How many different species of bacteria make up your microbiota?

A: Over a thousand different species live in your gut. Amazingly, there are more than 100 times the microbiota genes in your body as there is human DNA!

The human microbiome is proving to be more important to your health than the human genome.

Q: Are prebiotics and probiotics safe for children?

A: Absolutely, but it must be with the correct bacterial strain. To illustrate: *Lactobacillus acidophilus*, by far the most common probiotic used in ordinary supplements, can cause wheezing in children and immune stress in adults as well. Immuno-Synbiotic supplementation will strengthen your immune system.

**NUTRI-SPEC**



*Live Stronger Longer*

More than you ever imagined, your health depends on a prolific and balanced intestinal microbiota.

Research proves it ...

In our world of overprocessed and devitalized food and environmental toxins, there is no way you can maintain a healthy intestinal microbiota - and thus a healthy immune system, hormone system, and brain function - unless you take supplementation specifically to enhance your own individual microbiota.

Q: Why is a healthy intestinal microbiota important?

A: Research shows there is a direct link in communication from your microbiota-controlled gut lining to your immune system, muscles, liver, pancreas, fat cells, and brain. Optimizing these connections will result in:

- o Immune System Regulation
- o Digestive Health
- o Nutrient Synthesis
- o Metabolic Energy
- o Protection Against Pathogens
- o Mental Health & Brain Function
- o Hormone Balance

Research finds that supplementing with probiotics alone is not an effective way to develop normal intestinal microbiota in children or restore it in adults. Prebiotics, in addition to specific Probiotics, are the only way to ensure your health is maximized.

Prebiotic + Probiotic = SYNBIOTIC

This synbiotic supplementation is available to you in both Immune Restore and Immune Power. Each has its own unique benefits to intestinal function and to your immune system.



Q: What happens when microbiota are imbalanced?

A: Major problems arise when health-assaulting microbiota predominate:

- o Dysbiosis - This is an unhealthy shift in microbial balance - too few beneficial microbes or an overgrowth of harmful ones. Such an imbalance is linked to conditions like obesity, diabetes, allergies, and even neurological disorders.
- o Increased Disease Risk - A disrupted microbiome can make you more susceptible to infections, inflammatory diseases, and metabolic disorders.
- o Your Rate of Inflamm-Aging - How fast you are aging relative to the ideal for your age is controlled through the Gut-Immune Axis.

The prolific, balanced microbiota you develop by supplementing with an Immuno-Synbiotic will vastly improve many of your body's functions.

10 times

as many bacterial cells than human cells are in your body.

75%

of your Immune System resides in the lining of your intestinal tract.

3,000

square feet is the surface area of your gut ... equal to the size of a tennis court.