

NUTRI-SPEC



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THE NUTRI-SPEC LETTER

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From:
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AS AN ALIEN SEIZING CONTROL OF YOUR 31 TRILLION CELLS ...

**mTOR CAPTURED DOMINATION OVER ALL
YOUR ANTI-AGING DEFENSES ...**

**WITH A POWER GRAB
ON YOUR 23RD BIRTHDAY.**

Dear Doctor,

mTOR? Oh yes. It is the primary force behind what we call ...

ENDOGENOUS INFLAM-AGING.

mTOR is the major determinant of your ---

LIFESPAN.

EXOGENOUS INFLAM-AGING

Everyone “knows” about it (but is lost in contradictions).

Determines Health Span.

Intrudes upon cells “from the outside in”.

Driven By Oxidative Stress:

- unhealthy Microbiota
- nutrient insufficiency
- high fructose diet
- high HOHUM-PUFA
- sleep disturbance
- emotional stress
- radiation exposure
- UV & blue-green light
- mold, & other toxins

● ENDOGENOUS AGING



Aging begins (theoretically) at the moment of conception.

Catabolic Processes

Benefitted By:

- Immuno-Synbiotic
- Activator
- Adapto-Max
- Oxy-Max
- BALANCING PROCEDURE

ENDOGENOUS INFLAM-AGING

Only Gerontologists (& now you) know about it.

Determines Lifespan. Alters cell function “from the insideout”.

By Genetic Metabolic Clock:

- unhealthy Microbiota
- mTOR
- Senescent Cell formation
- SASP
- deficient autophagy
- dysregulated apoptosis

● EXOGENOUS AGING

Aging begins on the 23rd birthday.

Anabolic Processes

Benefitted By:

- Immuno-Synbiotic
- Activator
- Adapto-Max
- Rejuvenator
- BALANCING PROCEDURE

Lifespan? Oh yes. How long you live is our focus as we pair REJUVENATOR with ACTIVATOR. Gerontologists define 2 distinctly different pathways of INFLAM-AGING ---

LIFESPAN & HEALTH SPAN

What's the difference? It's all layed out for you in the 2 columns on Page 2. Health Span largely determines how "old" you look and feel up to about age 43. It is driven by Oxidative Stress (OxS), and expresses the nasty effects of Immuno-Neuro-Endocrine Stress (INE) intruding on your metabolic processes "from the outside in". ----- NUTRI-SPEC calls this process underlying Health Span Exogenous INFLAM-AGING.

But Gerontologists have defined a parallel and, believe it or not, mostly autonomous pathway of aging. Startlingly, it is found that this process determines Lifespan, and is largely independent of the forces that drive Health Span.

Lifespan is driven by a genetic metabolic clock that is pre-programmed in an individualized way in all of us. The pathway is generated within the cells and manifests INFLAM-AGING changes "from the inside out". ----- NUTRI-SPEC calls this determinant of long life Endogenous INFLAM-AGING.

Beginning at age 23 --- and largely maintained by the metabolite Gerontologists call "mTOR" --- Endogenous Aging, rapidly supplants Exogenous Aging as the major force driving INFLAM-AGING.

By age 43, mTOR and the Senescent Cell formation it provokes, insidiously gains domination over how "old" you look and feel.

But while the forces of Endogenous Aging are genetically programmed, you are not "stuck" with them. They can be accelerated by unhealthy lifestyle --- and the good news ---

**THESE GENETIC CLOCKS
CAN BE TURNED BACK IN TIME ---**

in accord with your NUTRI-SPEC theme ---

LIVE STRONGER LONGER.

That is why we have given you Rejuvenator as the key to vibrant well-being --- when combined with Activator, Immuno-Synbiotic, Adapto-Max, and your BALANCING PROCEDURE --- as an individualized ---

SOLID DNP.

Many of you report that we have captured your attention with our introduction of Rejuvenator, and you want to know more.

Many of you phrase your question in terms of “What does it do?” Some of you have said something like, “I’ll just buy a few bottles to see what it does.” Oops! “What it does ...” sounds almost like you are asking, “What is it good for?” --- which is all too much like wondering how you can use it as a Health Food Store remedy for some combination of conditions, or diseases or symptoms. No, No, No --- you are a Nutri-Spec practitioner. You do not treat symptoms --- you empower patients in their quest to LIVE STRONGER LONGER.

That is the entire essence of your SOLID DNP. What you offer is a comprehensive, individualized, life-long, nutrition plan. Leave behind once and for all the inane folly of chasing symptoms with nutrition supplements.

In answer to your question, “What does it do?” ---

IT DOES IT ALL.

All? Yes ---

THERE IS NOTHING ELSE.

Nothing else? Yes, with Rejuvenator you are using the only mechanism known using dietary supplements to break into the intracellular functions that regulate Endogenous INFLAM-AGING. Nothing else touches it; nothing else can so deeply penetrate. Other supplements are not only superfluous, they can actually be counterproductive.

Am I overstating the case for Rejuvenator? To answer your own question, “What does it do?” --- help yourself to dozens and dozens of pages from the research literature of Gerontologists. You will find them in the several articles on your Nutri-Spec Website. There is an article entitled, [Endogenous Aging](#), and one on each of the ingredients of your Rejuvenator --- [Glycine](#), [NAC](#), [Carnosine](#), and [Lipoic Acid](#). You will also find an article on [Glutathione](#) ---

“THE MASTER ANTIOXIDANT”.

Glutathione is an entirely intracellular antioxidant --- and --- it can only be produced intracellularly. There is no such thing as supplementing with Glutathione and having it penetrate the cells (no matter what the Alternative Medicine frauds try to sell you).

What does Rejuvenator do? It fits perfectly in the scheme of your [SOLID DNP](#). If you look at the age range breakdowns for your Stage Of Life Inflammation Defense DNP, you will see exactly how to use Rejuvenator. You will see that no one under 23 needs it --- and under 33 only a few people need much of it --- as long as they are using the Activator, Adapto-Max, Oxy-Max --- and above all Immuno-Synbiotic, along with the BALANCING PROCEDURE of the DNP.

But at age 33, Rejuvenator becomes essential. By age 43 it becomes critical. By age 53 it is the answer, if there is an answer, to virtually everything --- as long as it is paired with Activator and Immuno-Synbiotic.

Immuno-Synbiotic? Yes!!! There is absolutely no probiotic + prebiotic anywhere that can compare to your new Immuno-Synbiotic. It gives you and your patients all the most immune-reactive probiotics and prebiotics, along with the most foundational colonizers of the gut from the Bifido bacteria genus. The All-Star of the line-up is *L. reuteri* --- what we have always referred to as “The King of Probiotics”.

Some of you were alarmed that we did away with the name “Restore”. Be at ease. There were 2 prebiotics and 5 probiotics in what we used to call Restore, and all 7 of those items are retained in Immuno-Synbiotic. We pulled 1 additional probiotic that was in X-Flam to make the old Restore even more effective. This change was a no brainer --- since 3 of the 5 probiotics in the old Restore were also in X-Flam. Having both products available to you was a redundancy --- and caused considerable confusion over “Which synbiotic do I use?”

One more note on the links we just gave you to the articles fully explaining “What Rejuvenator does” --- and how it is the only way to do it. ----- You may not have the time to read every word of those dozens and dozens of pages. But at least skim them so you have some concept of the magnitude --- the unlimited scope --- you now have in your Nutri-Spec practice.

Point of Emphasis --- those articles give you overwhelming objective evidence backing up the anti-INFLAM-AGING benefits of these “Rejuvenins”. Every single page is taken directly from the Literature --- from studies published by the cutting-edge Gerontologists --- no opinions, no non-sequiturs, no fantasy-wish extrapolation of data --- pure objectivity.

Enlightening and motivating! Enjoy. Begin to understand that your SOLID DNP is all you need to do --- and truly everything that can be done in empowering your patients to ---

LIVE STRONGER LONGER.