

NUTRI-SPEC



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THE NUTRI-SPEC LETTER

Volume 34 Number 12

Pass this Quiz & get Activator & Rejuvenator FREE!

Dear Doctor,

Test your knowledge --- indeed, test your appreciation for --- the synergistic blend of ADAPTOGENS & REJUVENINS in your Activator & Rejuvenator. As you answer the Quiz questions, keep 2 essential truths in mind ...

- (A) Each one of these nutrients is shown in the research literature to be a “miracle worker” in potentiating our quest to

LIVE STRONGER LONGER ---

yet --- when blended per perfect synergy (as only NUTRI-SPEC can do), the power of these ADAPTOGENS & REJUVENINS against ...

INFLAM-AGING ---

is multiplied manifold. ----- And ...

- (B) There is no supplement or combination of supplements available anywhere, at any price, that can match what the team of Activator & Rejuvenator give you, your family, and your patients.

Have fun with this quiz ...

Submit your answers to Nutri-Spec by phone, email or fax with your next order. If you score 100%, you will be given FREE --- 2 bottles of Activator, or 2 bottles of Rejuvenator, or 1 of each added to your order --- and the order can be large or small, and any combination of products.

The answers to these quiz questions can be easily found on your Nutri-Spec website. Go to www.Nutri-Spec.net; on the Home Page, click on Resources on the top tab; then, on the drop down menu, select Articles on Live Stronger Longer --- then scroll to the bottom of that list of articles and you'll find a group of articles, "Your Power over INFLAM-AGING". ----- Or ---search directly from these links:

- [NADH](#)
- [Glycine](#)
- [Carnosine](#)
- [N-Acetyl Cysteine](#)
- [Carnitine](#)
- [Taurine](#)
- [Lipoic Acid](#)
- [Benfotiamine](#)
- [Quercetin](#)
- [Coenzyme Q-10](#)

Q1. Which REJUVENIN nutrient activates Sirtuins --- linked to controlling INFLAM-AGING as it relates to both the causes and effects of --- fading glycemic control, weight gain, maintaining healthy brain and nerve function, and Th-2-mediated Immune System Balances? (But more is not better. Large doses of this nutrient can actually inhibit Sirtuins, and exacerbate other aspects of Endogenous Aging. Supplementing with a physiological (not pharmacological "nutrition" megadose) quantity effectively enhances supplementation with other REJUVENINS).

Answer _____

Q2. Which nutrient has sweeping rejuvenating effects --- including significant improvement in cellular fitness, damage control and repair? The clinical impacts of supplementation ensure maintenance of youthful phenotype --- by promoting longer Health Span (protection against Exogenous Aging), and Longer Life Span (protection from Endogenous Aging). This nutrient rejuvenates cells approaching senescence by extending the life over which those cells continue to divide with the frequency typical of youth.

Answer _____

Q3. Glutathione (“The Master Antioxidant”) can only be produced and exercise its functions intracellularly. What nutrient must be present within the cells to combine with Glycine to produce Glutathione --- yet, when taken in excess (= beyond what can be combined intracellularly with Glycine) will be damaging --- and actually accelerate the aging process (in contradiction to ignorant Health Food Industry mythology that heavily hypes this nutrient)?

Answer _____

Q4. What nutrient (like Carnosine and Quercetin) performs not only its own uniquely broad array of anti-INFLAM-AGING effects at the cellular level, but also functions as what Gerontologists call a GLUTATHIONE INDUCER --- and thus as a major defense against Endogenous Aging?

Answer _____

Q5. What nutrient’s most critical anti-INFLAM-AGING benefit is as a Senolytic? It prevents the development and spread of senescent cells. (It is imported by NUTRI-SPEC from Brazil – the only source in the world).

Answer _____

Give us your 5 correct answers with your next order and claim your 2 FREE bottles of Activator/Rejuvenator!

Why have we teamed Activator and Rejuvenator in this special offer quiz? Those two powerful combinations of ADAPTOGENS and REJUVENINS --- along with Immuno-Synbiotic --- are the foundation of your SOLID DNP.

Anti-INFLAM-AGING nutrition? Yes, you have it, and only you can offer it to your patients.

Life extension? Absolutely yes --- the science of Gerontology confirms it --- and you and only you hold the unique combination of supplements to deliver the Gerontologists’ promise.

SOLID DNP? Yes, our nutrition needs change as we pass from one stage of life to the next. Your Nutri-Spec Stage Of Life INFLAM-AGING Defense Diphasic Nutrition Plan is the only comprehensive approach to meeting your needs, and those of your family and patients, in your quest to ...

LIVE STRONGER LONGER.

The problem with the study of aging is that researchers took a wrong turn many decades ago. That misdirection was driven by the irrefutable evidence that oxidative free radical damage, Oxidative Stress (OxS), causes tissues to age. Catabolic OxS over time causes both structural and functional breakdown. Researchers jumped to the “obvious” conclusion – that OxS is THE cause of aging and hence, THE process that shortens Lifespan.

However, by the 1990s so many inexplicable contradictions appeared in the Free Radical Theory of Aging, leaving researchers in a quandary. But over the past 15 years, Gerontologists have righted their course.

Revelation began with the understanding that nearly all patho-physiology includes inflammation. The term “INFLAM-AGING” began to appear in the research literature. At first, this inflammatory character of aging seemed to corroborate OxS as THE underlying cause of aging. Everyone from Alternative Health Care providers to health food store shoppers bombarded every symptom and condition with a broad array of antioxidant supplements. The expected benefits were 2-fold – first, improvement of symptoms, and second, the promise of a long, healthy life.

The first expectation was occasionally met. The second? Never. Both animal and human studies show that, up to a certain age, antioxidant supplements protect tissue structure and function. But at a point even younger than middle-age, antioxidants’ protective effects begin to wane. Ultimately, a Stage of Life is reached when antioxidants become counterproductive (--- a heretical notion to anti-oxidant-peddling nutritionists!).

The Truth No One Wants to Hear

Finally, the knife in the heart of all true believers in the Free Radical Theory of Aging was the finding that antioxidant supplementation actually shortens Lifespan!

What did Gerontologists make of this uncomfortable but irrefutable truth? They can now demonstrate unequivocally that there are actually 2 separate metabolic pathways driving the aging process. One of those mechanisms determines what Gerontology terms “Health Span”. The other aging pathway also influences Health Span, but it exclusively determines Lifespan.

If OxS is the mechanism driving the aging pathway that determines Health Span, what mechanism underlies the aging pathway that limits Lifespan? The forces driving Lifespan-limiting aging arise intracellularly. The mechanisms are predetermined by genetic Metabolic Clocks --- clocks that operate almost independently of OxS aging mechanisms.

Clinical Results

IF you focus your clinical efforts on supplying patients with REJUVENINS (and limit the use of potentially damaging antioxidants), you will give your patients the amazing life-extending benefits Gerontologists have recently documented.

The list of REJUVENIN nutrients is short, which allows you to give patients a concise and affordable yet powerful blend of supplements. These nutrients include:

- Carnosine
- Alpha Lipoic Acid
- Quercetin
- The combination of Glycine plus N-Acetyl-Cysteine (--- but only in combination, since NAC is toxic when not combined with Glycine)
- NAD (+) (--- but only in small quantities)

Consider the astounding clinical benefits shown by just one of the countless research studies on REJUVENINS:

If you are familiar with the concept of INFLAM-AGING, you are likely aware that it is measured by the presence of inflammatory markers such as IL-6, TNF-alpha, and CRP. REJUVENIN supplementation lowered IL-6 by 77%, TNF-alpha by 57%, and CRP by 49%, and, decreased insulin resistance by 59%. These results were achieved in older subjects, showing it is never too late to begin REJUVENIN supplementation.

In summary, the life extension benefits of REJUVENINS far exceed even the wildest hopes of nutritionists who still hold firm to belief in antioxidant supplementation. Gerontology gives us an exciting new paradigm of Clinical Nutrition.

Only you, with your SOLID DNP --- can

PENETRATE THE CELLULAR LEVEL ---

with the ADAPTOGENS AND REJUVENINS that provide the only means to ...

LIVE STRONGER LONGER.