

NUTRI-SPEC



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THE NUTRI-SPEC LETTER

Volume 35 Number 09

PATIENTS UNDER AGE 33?

IF THEIR HEALTH CONCERNS NEED YOUR HELP,
YOU CAN BE SURE THEY NEED...

OXY-MAX.

Dear Doctor:

Oxy-Max?

Does your patient population include ---

- a high-school athlete?
- a college student with sudden weight gain?
- a sickly child?
- a 25-year-old with brain fog?
- a teenager with migraines?

Whatever else these young people require from among your arsenal of supplements to control Immuno-Neuro-Endocrine Stress, they absolutely need, and you absolutely must give them, OXY-MAX.

How do you know they need OXY-MAX?

----- By their Stage Of Life.

What about their youth tells you they need your OXY-MAX --- the most concentrated, true ---

ANTIOXIDANT ---

available nowhere but from you? ----- Because virtually all health challenges in those age 4 through 32 involve an oxidative free-radical assault on healthy metabolic control.

OXIDATIVE STRESS?

----- Yes = what we NUTRI-SPEC practitioners label as ...

Exogenous INFLAM-AGING.

“Wait a minute,” you say, “INFLAM-AGING in a 4-year-old?”

Yes. Theoretically, Exogenous INFLAM-AGING begins pre-birth --- at the moment of conception.

Recall the nature of Exogenous INFLAM-AGING ...

EXOGENOUS AGING

Everyone “knows” about Oxidative Stress (OxS) (but doesn’t really get it).

Determines Health Span.

Intrudes upon cells “from the outside in”.

Driven By Oxidative Stress:

- unhealthy Microbiota
- nutrient insufficiency
- high fructose diet
- high HOHUM-PUFA diet
- sleep disturbance
- emotional stress
- radiation exposure
- UV & blue-green light
- mold & other toxins
- ENDOGENOUS AGING

Aging begins (theoretically) at the moment of conception.

Catabolic Processes

Benefitted By:

- Immuno-Synbiotic
- Activator
- Adapto-Max
- Oxy-Max
- BALANCING PROCEDURE

Picture it this way ... Exogenous Aging (which is a major determinant of Health Span) is driven by external forces --- the environmental stresses that elicit OxS:

- unhealthy microbiota
- mold & other toxic exposure
- radiation exposure
- excess UV light exposure
- excess blue-green light exposure + deficient red-yellow (sun)light
- emotional stress
- sleep disturbance
- nutrient deficiency
- high sugar diet
- high vegetable oil diet.

Health Span is shortened by all the environmental stresses that elicit OxS --- exogenously --- from the outside in = the OxS generators listed above.

These environmental destroyers of Vital Reserves cause exogenously-derived pathophysiology (= from the outside in), and so we can say Health Span is shortened by Exogenous Aging.

Even before birth, the budding infant is subjected to toxic and metabolic stresses via the mother's Metabolic Imbalances and toxic exposures. Any of those noxious influences on the fetus are expressed in that tiny body as Immuno-Neuro-Endocrine Stress. The process of Exogenous INFLAM-AGING has begun.

Even at that stage, you can help support good health. How?

BY APPROPRIATELY SUPPLEMENTING THE MOTHER.

Any pregnant woman who has any obvious Metabolic Imbalances, Hormonal Imbalances, or toxic exposures that you are aware of needs everything Nutri-Spec can offer her --- but in particular --- to protect her developing baby --- she needs Immuno-Synbiotic and Oxy-Max (& Adpto-Max), along with Activator, of course.

Throughout childhood and adolescence, most young people who follow even a reasonable approximation of Eat Well Be Well, can do just fine on Mighty Mins up to age 11, and Activator beginning at age 12 --- as long as they are also taking Immuno-Synbiotic. For children under 12, the first additional supplement that needs to be considered when health is being challenged by some external force is the ideal individualized

COMBINATION FROM THE BALANCING PROCEDURE

(to restore tissue sulfation --- and maintain tissue pH and membrane permeability).

The next consideration is Oxy-Max.

At age 12, any severely challenged adolescent needs to be provided the Stage Of Life Diphasic Plan (SOLID DNP) --- and again, the emphasis is on the BALANCING PROCEDURE and Oxy-Max.

At age 23 --- **ENDOGENOUS INFLAM-AGING** begins to creep into the picture. In reasonably healthy young adults it does not exert a major presence for the first 10 years. During that decade, Exogenous INFLAM-AGING is generally still a much larger force than Endogenous INFLAM-AGING. And again, your major weapon to defend against Exogenous AGING continues to be Oxy-Max.

In other words, all young adults need Activator, Immuno-Synbiotic, and the BALANCING PROCEDURE --- but if they need more than that, your “go to” supplement is Oxy-Max.

Why is Oxy-Max so critical?

Keep in mind that Exogenous INFLAM-AGING is all about Oxidative Stress --- and Oxy-Max is absolutely the most intense anti-oxidant supplement you can find anywhere. Look at the ingredients. It is loaded with all 4 of the mixed Tocopherols, along with all 4 of the mixed Tocotrienols. And this mixture includes a substantial portion of the Delta fraction of each --- which research showed years ago are by far the most bio-active of the Tocopherol and Tocotrienol families.

But that's not all! In addition to those two families of core antioxidants, your Oxy-Max includes [Alpha-Lipoic Acid](#) and [Coenzyme Q10](#).

If you dip into your Nutri-Spec website under the heading of "Extraordinary Nutrients" you can read pages and pages about those Antioxidant Adaptogens. Coenzyme Q stands right alongside Tocopherols and Tocotrienols among the quintessential antioxidants.

But Lipoic Acid is a special entity unto itself. It has both antioxidant and anti-reductant activity --- truly amazing stuff. That is why you find it not only in Oxy-Max but also Activator, Rejuvenator, and Adapto-Max.

**THERE IS NOT A MORE SPECIFIC MEANS TO DEFEND AGAINST O_xS
(--- Exogenous INFLAM-AGING)
THAN WITH YOUR PREMIUM ANTIOXIDANT ---
OXI-MAX**

[You were recently denied a supply of Oxy-Max --- as yet again, Nutri-Spec was faced with a supply line hang-up (as has been the story since COVID).

We are fully stocked for you once again --- and --- you will be pleased to see there has been a change. Each soft gel contains significantly more antioxidant nutrients, thus requiring your patients to swallow far fewer pills daily. The past smaller soft gels were packaged such that the recommended serving size was 3 daily. Now, with more antioxidants packed into each soft gel, the recommended daily intake is only 1 soft gel. ----- 1 daily will meet the needs of nearly all the patients you have on a life-long SOLID DNP. Those under age 33 with challenging health concerns, will benefit from 2 daily.

----- You and your patients will enjoy the ease of administration.]

We will have much more to say about Oxidative Stress and Antioxidant Supplementation, and how OxS contrasts with Reductive Stress in next month's Letter.

**Make the most of our Special for September ---
2 Oxy-Max FREE for every 10 you buy.**