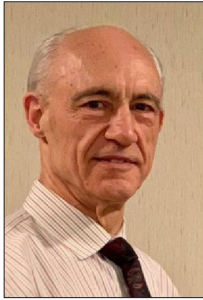


LONGEVITY



Your Healthspan Is Under Attack!
Adaptogen Supplements Are Your Only Defense

By Guy Schenker, DC

OXIDATIVE CATABOLIC FORCES BEGIN ATTACKING YOU from all directions the moment you are conceived and never let up.

Every symptom you have ever suffered and every condition your patients present are, to some degree, a manifestation of premature aging caused by catabolic oxidative stress.

Yes, from the moment you are conceived, maniacal oxygen radicals armed with a flaming hot electron wantonly destroy tissues all over your body while blasting metabolic pathways with a flamethrower and ultimately burning cells alive.

“You will only build a total defense against this insidious destruction of healthspan by employing antioxidant adaptogens.”

The “growing pains” and recurring ear infections among the children you serve become the emotional irritability, headaches, and premenstrual symptoms of your teenage patients. Those ailments become chronic fatigue, weight gain, and depression/anxiety that devastate the well-being of young adults in your practice. Every day, you see countless examples of patients whose healthspan is being dragged down by the relentless assault from a catabolic army of radical oxygen species.

You will only build a total defense against this insidious destruction of healthspan by employing antioxidant adaptogens. Truly, you and your patients need a stronger defense against catabolic oxidative stress. The degree to which the oxidative assault is breaking you down depends on three factors:

1. Do you have the strength to defend against the attack of free radicals?
2. Are you strong enough to gen-

erate sufficient antioxidants to quench the free radicals that penetrate your first line of defense?

3. Do you have the strength to reconstruct any damaged tissue that needs rebuilding?

Each of these three lines of defense is essential and maximally supported by adaptogens such as:

- Carnitine¹
- Acetyl-L-carnitine²
- Lipoic acid³
- Tocopherols⁴
- Tocotrienols⁵
- Carnosine⁶
- Chondroitin⁷
- Betaine⁸
- Coenzyme Q10⁹

However, each of these extraordinary adaptogens will fail in your fight against the wildfire of oxygen radicals if taken singly as a health food industry “flavor of the month.” They will only provide you and your patients the fire-fighting capacity you need when combined into a synergistic blend.

Dr. Schenker, a Pennsylvania Chiropractor since 1978, is the developer of the Nutri-Spec System of Clinical Nutrition, which eschews symptom-based nutrition in favor of individualized Metabolic Therapy. Nutri-Spec offers a Stage of Life Diphasic Nutrition Plan (SOLID DNP) empowering each patient to Live Stronger Longer. Contact information: 800-736-4320, nutrispec@nutri-spec.net, or through the website nutri-spec.net.

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